

FROM NICHOLAS

On Palm Sunday (2 April) A Rocha are inviting churches to take part in a Big Green Hike to raise funds for environmental charities. We are currently looking at routes on the Peninsula and joining with other churches in the Deanery. Obviously, it will take place after our morning service, but times, places and logistics to be confirmed.

I am wondering whether there is sufficient interest to restart a Men's Curry Night (ladies, you're welcome to start your own). It need not, of course, necessarily be 'curry' – other food choices for friendship are available! If you are interested, please let me know.

The Digest is the Diocesan Weekly email bulletin sent automatically to clergy and lay role holders. However, there is often useful content for all church members. You can subscribe here:

<https://www.rochester.anglican.org/for-parishes/communication/>

ECO CHURCH

The EcoChurch Group is pleased to announce we have twinned our 2 toilets at All Saints and St Philip & St James, through our supported charity Tearfund, with 2 in the Democratic Republic of Congo. Our official certificates will be presented at our services today. Donations were received from our last Clothes Swap Event from donations for refreshments and the rehoming of Christmas Gifts Tombola.



This month's Green Tip from A Rocha:

Change your method of transport. How about walking or cycling for repeated errands, choosing one day a week to walk, cycle or take public transport to work where you are able to.

STAFF TEAM AWAY DAY

The Staff Team enjoyed a very thoughtful and encouraging Away Day with Archdeacon Andy, partly to recharge our batteries but also to receive some encouragement and inspiration with respect to our Church vision and mission. Those thoughts and challenges raised will be shared with our PCC, as we seek to develop our church vision and mission plan.

APCM

The PCC has agreed our APCM date will be the 30 April 2023. It is a fifth Sunday of the month and the service will be held at All Saints. It will therefore be a communion service and although we normally hold our APCM in the context of worship, this will be the first time we have held it during a communion service. It will be slightly longer than usual, but we will try to be efficient in the business and the sermon will be shorter.

We will have elections for:

Churchwardens: Carol Gravestock and Jan Young have agreed to stand as churchwardens. We are currently looking at how we elect them before the APCM so they can take up office ASAP (they will then need to be re-elected at the APCM).

Deanery Synod: These are elected for the next three year sitting of the synod and become, *ex officio*, members of the PCC.

PCC Members: In this parish they are elected each year. Currently under the Church Representation Rules we have to agree that Readers become, *ex officio*, members of the PCC.

Electoral Roll: The revision of our Electoral Roll will take place from 3-7 April 2023. The new roll will be published on Sunday 9 April. The Electoral Roll is our church membership list - being on the roll allows you to stand as a church officer and to vote at the APCM. Most of you will already be on the existing roll and therefore do not need to complete a new form but please check the list at the back of our churches and advise of any changes. To join the roll, please complete a form and pass to Andrew Whiteley, Electoral Roll Officer, or Sue, Administrator. Forms need to be returned by the end of April, please.

Please note that all those standing for election must be prepared to sign a 'Fit and Proper Person' form and complete the necessary declaration to enable a DBS check. If you have any questions regarding this, please see Sue Jones, PCC Secretary.

DEANERY APPOINTMENTS

The Revd Adam Pyrke was licensed as interim Priest-in-Charge to St Francis, Strood last Sunday, 12 March and the Revd Clifford Stocking will be licensed as Priest-in-Charge to St Helen, Cliffe on Tuesday, 25 April. Please prayer for Adam, Clifford and their respective congregations.

SPRING CLEANING

Nan McAleer is co-ordinating a spring clean of All Saints Church on Sat 1 April from 10am – please sign the list at the back of church if you are able to help, or email the Parish Office.

ALL SAINTS CRAFT GROUP

On **Tuesday 4 April** Jo Chester is running a **Decoupage Workshop** – details below. There is just 1 place still available – please email to book..

Decoupage Workshop

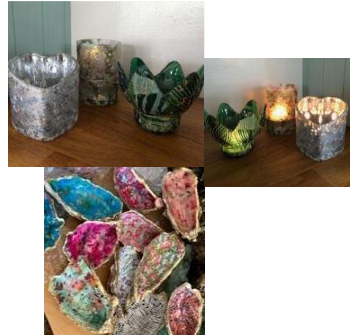
Tuesday 4 April 10am – noon

In Pilgrims Pantry, All Saints Parish Hall

Create a candle holder and oyster shell trinket dish

All materials supplied £5.00.

(Please bring a pair of paper scissors).



Parish Walk-Wanders of Wainscott

Meet 11am Saturday 18 March

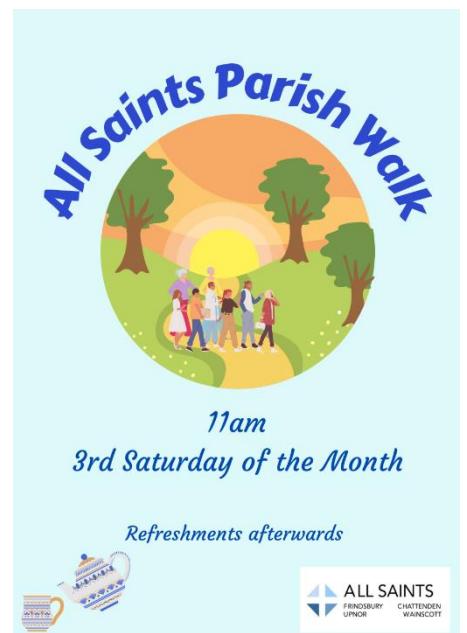
Church Green, Frindsbury ME2 4HJ

Spring is on its way (honestly), and our walk this month will see greenery shooting all around us.

Our walk takes a varied and mostly level walk through Wainscott and mixes urban and rural, with the longer (3 miles) walkers returning through Wainscott recreation ground (with the option to try out the outdoor gym), while the shorter walkers (2 miles) return to church. We will all meet back at All Saints church for hot and cold drinks and tasty treats.

This is an urban walk, generally on roads with pavements. However, the longer walk will involve footpaths that could be muddy if it has been wet.

Dogs on leads welcome; children under 14 must be accompanied. **All welcome.** Please share, and feel free to invite family, friends and neighbours. **To avoid the need for signing in please email pa@allsaintsfrindsbury.org.uk to reserve a place*.**



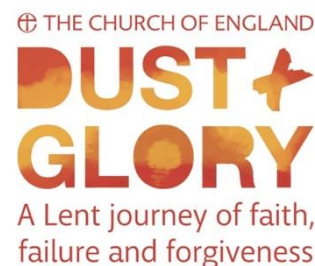
* Please note all participants walk at their own risk. We may take photos of the adults to share on social media and promote our activities, unless you let us know you do not wish your photo to be taken. High-vis straps will be available for wear (but are not compulsory).

LENT COURSE 2023

This Lent we are all invited to explore how we can live well with the mess of everyday life. The Church of England course, **Dust and Glory**, encourages us to take a fresh look at the frustrations and failings that every day brings and, rather than pretending we can always avoid them, seek to learn from them and grow closer to God through them.

There are several ways to take part:

- Read through Lent the **Dust and Glory booklet** with daily readings and reflections (*you can get a digital version and we will have paper copies available*)
- Read the book **Failure by Emma Ineson** (the book on which the course is based)
- Take part as a family with daily **activities and challenges** with the **Dust and Glory booklet: A Lent Journey for Children** (*available as digital version and we will have paper copies available if you prefer*)
- Join a **Lent Group**, meeting with others to discuss the book and watch the course films together (*groups meet during the day and evenings – ask for details*). Existing homegroups continue but, as usual there will be a specific Lent group formed for those who seek it.
- **Social Media** Follow Dust and Glory on Church of England social media (Facebook, Twitter, YouTube, Instagram) for daily updates; for younger people The Way UK Failing Forward will feature on TikTok
- **Listen** - The Daily Hope phone line will also have some of the course resources.



OPPORTUNITIES FOR COFFEE!

WARM SPACE – our Parish Hall is open as a Warm Space every Tuesday from 9.00am-12.30pm. Everyone welcome.

PILGRIMS PANTRY meets every Tuesday morning from 10.30am in the Parish Hall. Tea, coffee and a menu of snacks and light lunches available.

UPCHAT CAFÉ UpChat Café meets on Fridays 10am, at St Philip & St James

LITTLE LIGHTS

All Saints Baby and Toddlers Tuesday afternoons, from 1.00pm. Carers, babies and toddlers meet for play, craft, snacks, songs a short story and a prayer.



DONATIONS TO THE MINISTRY AND MISSION OF THIS PARISH

Donations can be made at our services by cash or cheque in the collection plate, a stewardship envelope or standing order for regular giving please speak to Nicholas, Sue Jones or Alison Mings.



We are now also offering this QR code in our printed materials. Scanning the code with the camera on your smart phone will take you to the Give a Little page for our parish. You can choose how much, whether to Gift Aid, and request a receipt.

SAFE HAVENS

Mental Health Matters can help any resident of Kent or Medway aged 16+ by offering a warm, welcoming, safe and comfortable environment. Contact: 07850 901151 or 07808 79503

CONTACT US

Vicar: The Reverend Nicholas Cooper	01634 717580	vicar@allsaintsfrindsbury.org.uk
Pioneer Minister: The Revd Sue Vallente-Kerr	07940 161044	pioneer@allsaintsfrindsbury.org.uk
Administrator: Sue Jones	01634 296050	pa@allsaintsfrindsbury.org.uk
Parish Safeguarding Officer: Vicki Webster	01634 515580	webstervictoria95@gmail.com
Parish Hall Team	07526 094 017	roomhire@allsaintsfrindsbury.org.uk

	<p style="text-align: center;">Prayer Diary 19-25 March 2023</p> <p style="text-align: center;"><i>“...in everything by prayer and supplication with thanksgiving let your requests be made known to God.” (Philippians 4:6)</i></p>
Church's Ministry	<i>Praying for the people, groups and mission and outreach of the churches in our parish, diocese and worldwide Anglican communion</i>
Community	<i>Praying for our community, our parish and Medway</i>
People of the Parish	<i>Praying for those who live in Frindsbury and Wainscott, (FW), Upnor (U), Chattenden (C) and those who work on Medway City Estate (MCE)</i>

	Sunday, 19 March
Church's Ministry Mothering Sunday Lent 4	<p><i>God of compassion, whose Son Jesus Christ, the child of Mary, shared the life of a home in Nazareth, and on the cross drew the whole human family to himself: strengthen us in our daily living that in joy and in sorrow we may know the power of your presence to bind together and to heal; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.</i></p> <p>Give thanks for mothers and for mothering, which is not done only by mothers; pray for those who have lost their mothers, those who long to be a mother and those for whom family life is difficult and complicated.</p>
Community	Pray for midwives and health visitors.
People of the parish	Brompton Farm Road (FW), Pier Place (U), Vestry Place (FW)
	Monday, 20 March
Church's Ministry	Pray for our Lent Group and Home Groups
Community	Pray for all working in education; pray for all staff and pupils at Abbey Court School
People of the parish	Bunters Hill Road (C), Poole Close (FW), Wainscott Road (FW)
	Tuesday, 21 March
Church's Ministry	Pray for our PCC
Community	Pray for fellowship and good conversation at our Warm Space, Pilgrims Pantry and Little Lights; give thanks for those who lead and volunteer at these groups.
People of the parish	Burnt House Close (FW), Povey Avenue (FW), Wainscott Walk (FW)
	Wednesday, 22 March
Church's Ministry	Pray for our church musicians and singers
Community	Pray for the elderly, isolated and vulnerable; pray for those who care for them that they would be strengthened and encouraged. Pray for staff and residents of Ampersand House
People of the parish	Burton Close (FW), Powlett Road (FW), Watermill Close (FW)
	Thursday, 23 March
Church's Ministry	Pray for diocesan Bishops Jonathan and Simon
Community	UK National Reflection Day offers an opportunity to remember our loved ones who've died, support people who are grieving, and connect with each other.
People of the parish	Cagney Close (FW), Prospect Avenue (FW), Weaving Close (FW)
	Friday, 24 March
Church's Ministry	Pray for those meeting at UpChat Café and give thanks for those who lead and volunteer each week.
Community	Pray for chaplains and their teams in hospitals and hospices
People of the parish	Castle Street (U), Provis Place (FW), West Street (FW)
	Saturday, 25 March
Church's Ministry	Pray for our ministers preparing Sunday worship
Community	Pray for all struggling in body, mind or spirit and those mourning the loss of a loved one
People of the parish	Chancel Drive (FW), Quixote Crescent (FW), Weymouth Road (FW)