

### FROM NICHOLAS

The PCC met on Tuesday, 21 June. We can hopefully now begin to plan ahead with a degree of confidence so please note these advance dates for your diary. The concerts with the Medway Brass Band are joint fundraisers for them and this parish.

- 16 July – Concert at All Saints with the Medway Brass Band
- 9 October – Bring and Share Harvest Lunch after the 10.00am service
- 26 November – Christmas Fayre
- 3 December – Christmas Concert at All Saints with the Medway Brass Band

### LIFTING OF COVID PRECAUTIONS

I received a few comments regarding the lifting of our guidance. COVID is still with us but the vast majority feel it is something we will have to live with and therefore are content that we should move on. From this point forward:

1. We will continue to encourage good hand hygiene.
2. Socially distanced chairs will be seat out at the back of church. All other pews will be available.
3. People will no longer be actively encouraged to wear face coverings but may choose to do wherever they are sitting.
4. We will re-instate the passing of the collection plate.
5. It is important that the sharing of the peace does not exclude people, and does not make people uncomfortable. So, further comments are invited.
6. The communion rails will be reintroduced for reception of the bread and wine.
7. At present, we will continue with intinction, by the priest, of wafers at communion.

### ECO CHURCH

This month's Green Tip is:



Instead of landfill - use old t-shirts and cotton vests as rags - ideal for DIY or any cleaning jobs.

### Green Tips

### MEDWAY OPEN STUDIOS AND ARTS FESTIVAL - free events Saturday 2 July to Sunday 10 July

Please help yourself to a free booklet which provides details of trails of studios you can visit during the festival. You are warmly invited to my open studio at my garden studio at the Vicarage on:

Sat 2 July and Sat 9 July - 11 am to 5 pm

Sun 3 July and Sun 10 July - 1 to 5:30 pm

Annie Cooper

### MEDWAY COMPASSIONATE FRIENDS - MEDWAY CRAFT GROUP – supporting Bereaved Parents and their Families are holding...

23<sup>rd</sup> Candle Lighting Memorial for Bereaved Parents, Siblings and Grandparents at

The Salvation Army Chapel, Gun Lane, ME2 4UH on Sunday 3 July 2022 at 3.00pm

There will be a table to put photos of our children 'Forever in our Hearts'

## CHRISTIAN AID

You may recall that in May, Lesley Wright stepped down from her role as Christian Aid co-ordinator. Next year Christian Aid week is 14-20 May 2023. It would be good to have a replacement in place by then. I'm advertising it at this point so that there is plenty of time for any volunteer to talk through the role with Lesley and any other local representatives. In the first instance please speak to Nicholas or Sue Jones.

## LITTLE LIGHTS

All Saints Baby and Toddlers has recommenced as 'Little Lights' on Tuesday afternoons, term time, from 1.00pm. Carers, babies and toddlers meet for play, craft, snacks, songs a short story and a prayer.



## OPPORTUNITIES FOR COFFEE!



**PILGRIMS PANTRY** Pilgrims Pantry meets every Tuesday morning from 10.30am in the Parish Hall. Tea, coffee and a menu of snacks and light lunches available.

**UPCHAT CAFÉ** UpChat Café meets on Fridays 10am, at St Philip & St James

**ZOOMOFFEE** Coffee by Zoom takes place on Wednesday mornings from 10.30am. Message the Parish Office for details of how to join in.

## DONATIONS TO THE MINISTRY AND MISSION OF THIS PARISH

Donations can be made at our services by cash or cheque in the collection plate, a stewardship envelope or standing order for regular giving please speak to Nicholas, the Churchwardens, Sue Jones or Alison Mings.



We are now also offering this QR code in our printed materials. Scanning the code with the camera on your smart phone will take you to the Give a Little page for our parish. You can choose how much, whether to Gift Aid, and request a receipt.

## SAFEGUARDING RESOURCES

RELEASE THE PRESSURE - new helpline from Kent County Council  
Mental well-being remains a huge concern at this time.

A new phone line is available through Kent County Council, offering 24/7 access to a highly trained and experienced team, to provide expert support no matter what a person is going through. People are encouraged not to suffer in silence and to text the word Kent to 85258 or call the number 0800 107 0160, for free confidential support.

## SAFE HAVENS

Mental Health Matters can help any resident of Kent or Medway aged 16+ by offering a warm, welcoming, safe and comfortable environment. Contact: 07850 901151 or 07808 79503

## CONTACT US

Vicar: The Reverend Nicholas Cooper	01634 717580	vicar@allsaintsfrindsbury.org.uk
Pioneer Minister: The Revd Sue Vallente-Kerr	07940 161044	pioneer@allsaintsfrindsbury.org.uk
Administrator: Sue Jones	01634 296050	pa@allsaintsfrindsbury.org.uk
Parish Safeguarding Officer: Vicki Webster	01634 515580	webstervictoria95@gmail.com
Parish Hall Team	07526 094 017	roomhire@allsaintsfrindsbury.org.uk

## Prayer Diary 26 June – 2 July 2022

<b>Church's Ministry</b>	<i>Praying for the people, groups and mission and outreach of the churches in our parish, diocese and worldwide Anglican communion</i>
<b>Community</b>	<i>Praying for our community, our parish and Medway</i>
<b>People of the Parish</b>	<i>Praying for those who live in Frindsbury and Wainscott, (FW), Upnor (U), Chattenden (C) and those who work on Medway City Estate (MCE)</i>

<b>Trinity 2</b>	<b>Sunday, 26 June</b>
<b>Church's Ministry</b>  Pray for families meeting at Up4It today.	<i>Lord, you have taught us that all our doings without love are nothing worth: send your Holy Spirit and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtues, without which whoever lives is counted dead before you. Grant this for your only Son Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.</i>
<b>Community</b>	Give thanks for family life and those we hold dear in our hearts, praying for their health, well-being and hope.
<b>People of the parish</b>	Lower Rochester Road, Main Road (C)
	<b>Monday, 27 June</b>
<b>Church's Ministry</b>	Pray for the work of DEC charities supporting Ukraine
<b>Community</b>	Pray for all in education: teachers, support staff and administrators, pupils and students; pray for staff and pupils at Abbey Court School and for all preparing for, and sitting, exams
<b>People of the parish</b>	Margetts Place (U), Marden Road (FW)
	<b>Tuesday, 28 June</b>
<b>Church's Ministry</b>	Pray for Vicar, Nicholas Cooper, and family
<b>Community</b>	Pray for Pilgrims Pantry, our church café – for those volunteering and those coming along and for families coming to Little Lights – baby & toddler group.
<b>People of the parish</b>	Maritime Close (MCE)
	<b>Wednesday, 29 June</b>
<b>Church's Ministry</b>	Give thanks for our home groups, for learning, deepening of our faith and fellowship
<b>Community</b>	Pray for the elderly, isolated and vulnerable; pray for all who care for them that they would be strengthened and encouraged. Pray for staff and residents of Ampersand House; pray too for families caring for elderly relatives
<b>People of the parish</b>	Mason Way (FW), Mayfair (FW)
	<b>Thursday, 30 June</b>
<b>Church's Ministry</b>	Pray for Archbishops, Justin and Stephen
<b>Community</b>	Pray for those in positions of authority, making decisions at national and local level; pray for wisdom and discernment for our government
<b>People of the parish</b>	Songbird Crescent, Gambit Way (FW), Lingley Drive (FW),
	<b>Friday, 1 July</b>
<b>Church's Ministry</b>	Pray for hospital and hospice chaplains and their teams
<b>Community</b>	Pray for all NHS and community keyworkers that they may be upheld, strengthened and protected in their work. Pray for all who work in health and social care
<b>People of the parish</b>	Admiralty Road (U), Mill Close (FW), Sholden Road (FW)
	<b>Saturday, 2 July</b>
<b>Church's Ministry</b>	Give thanks for those who offer hospitality in our churches
<b>Community</b>	Pray for all who are struggling in body, mind or spirit
<b>People of the parish</b>	Admiralty Terrace, (U), Mill Close (FW)