

FROM NICHOLAS

As we begin to re-establish familiar worship patterns in our church life there are, particularly at All Saints, a number of housekeeping tasks that have been postponed over the last couple of years. We have a PCC meeting next week, and 'spring cleaning' will be on the agenda.

APCM

Most will be aware that we were unable to elect churchwardens at the APCM. This is not an unusual situation. As requested, a role description will be prepared for potential candidates. In the interim I will ask some PCC members to take on specific responsibilities so that nothing 'falls down the cracks'.

LIFTING OF COVID PRECAUTIONS

I received a few comments regarding the lifting of our guidance. COVID is still with us but the vast majority feel it is something we will have to live with and therefore are content that we should move on. From this point forward:

1. We will continue to encourage good hand hygiene.
2. Socially distanced chairs will be seat out at the back of church. All other pews will be available.
3. People will no longer be actively encouraged to wear face coverings but may choose to do wherever they are sitting.
4. We will re-instate the passing of the collection plate.
5. It is important that the sharing of the peace does not exclude people, and does not make people uncomfortable. So, further comments are invited.
6. The communion rails will be reintroduced for reception of the bread and wine.
7. At present, we will continue with intinction, by the priest, of wafers at communion.

ECO CHURCH

This month's Green Tip is:

Green Tips



Instead of landfill - use old t-shirts and cotton vests as rags - ideal for DIY or any cleaning jobs.

MEDWAY OPEN STUDIOS AND ARTS FESTIVAL - free events Saturday 2 July to Sunday 10 July

Please help yourself to a free booklet which provides details of trails of studios you can visit during the festival. You are warmly invited to my open studio at my garden studio at the Vicarage on:

Sat 2 July and Sat 9 July - 11 am to 5 pm

Sun 3 July and Sun 10 July - 1 to 5:30 pm

Annie Cooper

PARISH WALK TO BEACON HILL AND SHEPPEY BRIDGE VIEW

11am Saturday 18 June 2022 Meet UPNOR CHURCH ME2 4UX

(crossroads of Upnor Road & Upchat Road)

We are four years old! Do join us for our 4th Anniversary walk in lovely countryside. This month we meet at St Philip and St. James, Upnor church and there are two options:

- Shorter walk 2 miles
- Longer walk 3.5 miles

Both walks start (and finish) at the church, climbing Beacon Hill through attractive woodland. After a brief trip along the ridge at the top, the short walk descends to the Medway foreshore for fine views of the river. The longer walk has an extension through agricultural land along part of the Saxon Shore Way, with Sheppey Bridge always visible on a good day, before returning via the same foreshore route. There may be a Spot the Crop competition!

The walk for all begins with the short but steep ascent of Beacon Hill. The rest of the walk is level or downhill. There is one path on the longer walk which is fairly overgrown with grass. Trousers would be better than shorts. Please note: To avoid the need for signing in please reserve a place by e mailing pa@allsaintsfrindsbury.org.uk High-vis straps/harnesses will be available for wear (but are not compulsory). Dogs on leads welcome; children under 14 must be accompanied.

** Please note all participants walk at their own risk. We may take photos of the adults to share on social media and promote our activities, unless you let us know you do not wish your photo to be taken. We will keep a record of those attending for NHS Track and Trace purposes. Please ensure social distancing at all times.*

ACCESSIBILITY

As we review our practice for living with COVID, the north aisle has potential for better provision (than pre-COVID) for a creche area. I am also mindful of the needs for accessibility (wheelchairs and audio-visual requirements). I suspect it likely that our socially distanced seating will be located at the back of the church. This is actually outside the area of the audio loop. However, I understand that hearing aid technology has moved on and for most, the loop is not needed. I would be very grateful if some hearing aid users could enlighten me, in case an extension to the loop is needed. We also have the ability for tablet users to access a high contrast enlarged view of what is projected on the screen. If this would be helpful and you do not already access it, please let me know.

Any arrangements that entail moving pews or other significant items will be a temporary trial under an Archdeacon's Licence before making them permanent by faculty.

MEDWAY COMPASSIONATE FRIENDS - MEDWAY CRAFT GROUP – supporting Bereaved Parents and their Families are holding...

23rd Candle Lighting Memorial for Bereaved Parents, Siblings and Grandparents at
The Salvation Army Chapel, Gun Lane, ME2 4UH on Sunday 3 July 2022 at 3.00pm
There will be a table to put photos of our children 'Forever in our Hearts'

BISHOP OF ROCHESTER

Please continue to pray for Bishops Simon and Jonathan in this period of vacancy.

LITTLE LIGHTS

All Saints Baby and Toddlers has recommenced as 'Little Lights' on Tuesday afternoons, term time, from 1.00pm. Carers, babies and toddlers meet for play, craft, snacks, songs a short story and a prayer.



OPPORTUNITIES FOR COFFEE!



PILGRIMS PANTRY Pilgrims Pantry meets every Tuesday morning from 10.30am in the Parish Hall. Tea, coffee and a menu of snacks and light lunches available.

UPCHAT CAFÉ UpChat Café meets on Fridays 10am, at St Philip & St James

ZOOMOFFEE Coffee by Zoom takes place on Wednesday mornings from 10.30am. Message the Parish Office for details of how to join in.

DONATIONS TO THE MINISTRY AND MISSION OF THIS PARISH

Donations can be made at our services by cash or cheque in the collection plate, a stewardship envelope or standing order for regular giving please speak to Nicholas, the Churchwardens, Sue Jones or Alison Mings.



We are now also offering this QR code in our printed materials. Scanning the code with the camera on your smart phone will take you to the Give a Little page for our parish. You can choose how much, whether to Gift Aid, and request a receipt.

SAFEGUARDING RESOURCES

RELEASE THE PRESSURE - new helpline from Kent County Council

Mental well-being remains a huge concern at this time.

A new phone line is available through Kent County Council, offering 24/7 access to a highly trained and experienced team, to provide expert support no matter what a person is going through. People are encouraged not to suffer in silence and to text the word Kent to 85258 or call the number 0800 107 0160, for free confidential support.

SAFE HAVENS

Mental Health Matters can help any resident of Kent or Medway aged 16+ by offering a warm, welcoming, safe and comfortable environment. Contact: 07850 901151 or 07808 79503

CONTACT US

Vicar: The Reverend Nicholas Cooper	01634 717580	vicar@allsaintsfrindsbury.org.uk
Pioneer Minister: The Revd Sue Vallente-Kerr	07940 161044	pioneer@allsaintsfrindsbury.org.uk
Administrator: Sue Jones	01634 296050	pa@allsaintsfrindsbury.org.uk
Parish Safeguarding Officer: Vicki Webster	01634 515580	webstervictoria95@gmail.com
Parish Hall Team	07526 094 017	roomhire@allsaintsfrindsbury.org.uk

Prayer Diary 19-25 June 2022

“...in everything by prayer and supplication with thanksgiving let your requests be made known to God.” *(Philippians 4:6)*

Church's Ministry	<i>Praying for the people, groups and mission and outreach of the churches in our parish, diocese and worldwide Anglican communion</i>
Community	<i>Praying for our community, our parish and Medway</i>
People of the Parish	<i>Praying for those who live in Frindsbury and Wainscott, (FW), Upnor (U), Chattenden (C) and those who work on Medway City Estate (MCE)</i>

Trinity 1	Sunday, 19 June
Church's Ministry	God of truth, help us to keep your law of love and to walk in ways of wisdom, that we may find true life in Jesus Christ your Son.
Community	On Father's Day pray for new fathers, for joy, for rest, and for wisdom; for strength and comfort for fathers who've been separated from their children, for those who have no regular contact, and for fathers whose children have died; pray for the children whose relationship with their father is fraught with difficulty and even danger and for all whose fathers have died.
People of the parish	Frindsbury Hill (FW), Karloff Way (FW)
	Monday, 20 June
Church's Ministry	On World Refugee Day, pray for all refugees and migrants, all who have been forced to leave their land, home, security and community. <i>Almighty and merciful God, whose Son became a refugee and had no place to call his own; look with mercy on those who today are fleeing from danger, homeless and hungry. Bless those who work to bring them relief; inspire generosity and compassion in all our hearts; and guide the nations of the world towards that day when all will rejoice in your Kingdom of justice and of peace; through Jesus Christ our Lord. Amen.</i>
Community	Pray for all in education: teachers, support staff and administrators, pupils and students; pray for staff and pupils at Wainscott School and for all preparing for, and sitting, exams
People of the parish	Frindsbury Road (FW), Kitchener Road (C)
	Tuesday, 21 June
Church's Ministry	Pray for our newly elected PCC meeting today
Community	Pray for Pilgrims Pantry, our church café – for those volunteering and those coming along. Pray for Little Lights – our baby and toddler group.
People of the parish	Frittenden Road (FW), Larkin Close (FW)
	Wednesday, 22 June
Church's Ministry	Pray for Pioneer Minister, Sue Vallente-Kerr and family
Community	Pray for the elderly, isolated and vulnerable; pray for those who care for them that they would be strengthened and encouraged. Pray for staff and residents of Shaws Wood
People of the parish	Galleon Way (U), Leigh Road (FW)
	Thursday, 23 June
Church's Ministry	Pray for the work of Tearfund supporting projects amongst the world's poorest areas
Community	Pray for those in positions of authority, making decisions at national and local level; pray for Kelly Tolhurst MP
People of the parish	Gambit Way (FW), Lingley Drive (FW)

	Friday, 24 June
Church's Ministry	Pray for hospital and hospice chaplains and their teams
Community	Pray for all NHS and community keyworkers that they may be upheld, strengthened and protected in their work.
People of the parish	Gardenia Close (FW), Lochat Road (C)
	Saturday, 25 June
Church's Ministry	Pray for our mission and outreach to the community
Community	Pray for all who are struggling in body, mind or spirit
People of the parish	George Summers Close (MCE), Lodge Hill Lane (C)