

FROM NICHOLAS

Many thanks to all who contributed to, and helped with, our Platinum Jubilee celebrations last weekend. It was a once in a lifetime event for all of us. Thanks particularly to the 27th All Saints Scouts for their generosity in preparing and sharing lunch.

I noticed in St Philip and St James a stained-glass window dedicated in thanksgiving of 60 years of Queen Victoria's reign. The window next to it is plain glass. Unfortunately, stained glass is skilled craft, and therefore costly. Our church finances are required for remedial building work. However, if anyone knows a (wealthy!) individual wishing to donate a window, they would make a nice pair!

APCM

Most will be aware that we were unable to elect churchwardens at the APCM. This is not an unusual situation. As requested, a role description will be prepared for potential candidates. In the interim I will ask some PCC members to take on specific responsibilities so that nothing 'falls down the cracks'.

LIFTING OF COVID PRECAUTIONS

I received a few comments regarding the lifting of our guidance. COVID is still with us but the vast majority feel it is something we will have to live with and therefore are content that we should move on. From this point forward:

1. We will continue to encourage good hand hygiene.
2. Socially distanced chairs will be seat out at the back of church. All other pews will be available.
3. People will no longer be actively encouraged to wear face coverings but may choose to do wherever they are sitting.
4. We will re-instate the passing of the collection plate.
5. It is important that the sharing of the peace does not exclude people, and does not make people uncomfortable. So, further comments are invited.
6. The communion rails will be reintroduced for reception of the bread and wine.
7. At present, we will continue with intinction, by the priest, of wafers at communion.

ECO CHURCH – COUNT ON NATURE

As a church we would like to be better stewards of our planet and so we have committed to being part of the Eco Church network and work to become more 'eco-friendly'. This weekend we are taking part in '**Count on Nature**' surveying the churchyards. If you would like to help, please come along on Saturday 11 June from 2.30-4.00pm to St Philip & St James, Upnor and on Sunday, 12 June 2.30-4.00pm to All Saints. Come for as little or as long as you can between those times.

More information here...

<https://arocha.org.uk/event/churches-count-on-nature-2022/>

This month's Green Tip is:



Instead of landfill - use old t-shirts and cotton vests as rags - ideal for DIY or any cleaning jobs.

Green Tips

MEDWAY OPEN STUDIOS AND ARTS FESTIVAL - free events Saturday 2 July to Sunday 10 July

Please help yourself to a free booklet which provides details of trails of studios you can visit during the festival. You are warmly invited to my open studio at my garden studio at the Vicarage on:

Sat 2 July and Sat 9 July - 11 am to 5 pm

Sun 3 July and Sun 10 July - 1 to 5:30 pm

Annie Cooper

PARISH WALK TO BEACON HILL AND SHEPPEY BRIDGE VIEW

11am Saturday 18 June 2022 Meet UPNOR CHURCH ME2 4UX

(crossroads of Upnor Road & Upchat Road)

We are four years old! Do join us for our 4th Anniversary walk in lovely countryside. This month we meet at St Philip and St. James, Upnor church and there are two options:

- Shorter walk 2 miles
- Longer walk 3.5 miles

Both walks start (and finish) at the church, climbing Beacon Hill through attractive woodland. After a brief trip along the ridge at the top, the short walk descends to the Medway foreshore for fine views of the river. The longer walk has an extension through agricultural land along part of the Saxon Shore Way, with Sheppey Bridge always visible on a good day, before returning via the same foreshore route. There may be a Spot the Crop competition!

The walk for all begins with the short but steep ascent of Beacon Hill. The rest of the walk is level or downhill. There is one path on the longer walk which is fairly overgrown with grass. Trousers would be better than shorts. Please note: To avoid the need for signing in please reserve a place by e mailing pa@allsaintsfrindsbury.org.uk High-vis straps/harnesses will be available for wear (but are not compulsory). Dogs on leads welcome; children under 14 must be accompanied.

** Please note all participants walk at their own risk. We may take photos of the adults to share on social media and promote our activities, unless you let us know you do not wish your photo to be taken. We will keep a record of those attending for NHS Track and Trace purposes. Please ensure social distancing at all times.*

ACCESSIBILITY

As we review our practice for living with COVID, the north aisle has potential for better provision (than pre-COVID) for a creche area. I am also mindful of the needs for accessibility (wheelchairs and audio-visual requirements). I suspect it likely that our socially distanced seating will be located at the back of the church. This is actually outside the area of the audio loop. However, I understand that hearing aid technology has moved on and for most, the loop is not needed. I would be very grateful if some hearing aid users could enlighten me, in case an extension to the loop is needed. We also have the ability for tablet users to access a high contrast enlarged view of what is projected on the screen. If this would be helpful and you do not already access it, please let me know.

Any arrangements that entail moving pews or other significant items will be a temporary trial under an Archdeacon's Licence before making them permanent by faculty.

MEDWAY COMPASSIONATE FRIENDS - MEDWAY CRAFT GROUP – supporting Bereaved Parents and their Families are holding...

23rd Candle Lighting Memorial for Bereaved Parents, Siblings and Grandparents at

The Salvation Army Chapel, Gun Lane, ME2 4UH on Sunday 3 July 2022 at 3.00pm

There will be a table to put photos of our children 'Forever in our Hearts'

BISHOP OF ROCHESTER

Please continue to pray for Bishops Simon and Jonathan in this period of vacancy.

LITTLE LIGHTS

All Saints Baby and Toddlers has recommenced as 'Little Lights' on Tuesday afternoons, term time, from 1.00pm. Carers, babies and toddlers meet for play, craft, snacks, songs a short story and a prayer.



OPPORTUNITIES FOR COFFEE!



PILGRIMS PANTRY Pilgrims Pantry meets every Tuesday morning from 10.30am in the Parish Hall. Tea, coffee and a menu of snacks and light lunches available.

UPCHAT CAFÉ UpChat Café meets on Fridays 10am, at St Philip & St James

ZOOMOFFEE Coffee by Zoom takes place on Wednesday mornings from 10.30am. Message the Parish Office for details of how to join in.

STEWARDSHIP CAMPAIGN

Thank you to everyone who returned their stewardship form – if you haven't done so yet, it's not too late! Please bring to church or pass to Nicholas or Sue.

DONATIONS TO THE MINISTRY AND MISSION OF THIS PARISH

Donations can be made at our services by cash or cheque in the collection plate, a stewardship envelope or standing order for regular giving please speak to Nicholas, the Churchwardens, Sue Jones or Alison Mings.



We are now also offering this QR code in our printed materials. Scanning the code with the camera on your smart phone will take you to the Give a Little page for our parish. You can choose how much, whether to Gift Aid, and request a receipt.

SAFEGUARDING RESOURCES

RELEASE THE PRESSURE - new helpline from Kent County Council

Mental well-being remains a huge concern at this time.

A new phone line is available through Kent County Council, offering 24/7 access to a highly trained and experienced team, to provide expert support no matter what a person is going through.

People are encouraged not to suffer in silence and to text the word Kent to 85258 or call the number 0800 107 0160, for free confidential support.

SAFE HAVENS

Mental Health Matters can help any resident of Kent or Medway aged 16+ by offering a warm, welcoming, safe and comfortable environment. Contact: 07850 901151 or 07808 79503

CONTACT US

Vicar: The Reverend Nicholas Cooper	01634 717580	vicar@allsaintsfrindsbury.org.uk
Pioneer Minister: The Revd Sue Vallente-Kerr	07940 161044	pioneer@allsaintsfrindsbury.org.uk
Administrator: Sue Jones	01634 296050	pa@allsaintsfrindsbury.org.uk
Parish Safeguarding Officer: Vicki Webster	01634 515580	webstervictoria95@gmail.com
Parish Hall Team	07526 094 017	roomhire@allsaintsfrindsbury.org.uk

Prayer Diary 12-18 June 2022

“...in everything by prayer and supplication with thanksgiving let your requests be made known to God.” *(Philippians 4:6)*

Prayers from the Church of England to use for Trinity

We come boldly to the throne of grace,
praying to the almighty God, Father, Son, and Holy Spirit
for mercy and grace.

We plead before your throne in heaven.



Father of heaven, whose love profound
a ransom for our souls has found:
We pray for the world, created by your love,
for its nations and governments ...
Extend to them your peace, pardoning love, mercy and grace.

We plead before your throne in heaven.

Almighty Son, incarnate Word,
our Prophet, Priest, Redeemer, Lord:
We pray for the Church, created for your glory,
for its ministry to reflect those works of yours ...
Extend to us your salvation, growth, mercy and grace.

We plead before your throne in heaven.

Eternal Spirit, by whose breath
the soul is raised from sin and death:
We pray for families and individuals, created in your image,
for the lonely, the bereaved, the sick and the dying ...
Breathe on them the breath of life
and bring them to your mercy and grace.

We plead before your throne in heaven.

Thrice holy! Father, Spirit, Son,
Mysterious Godhead, Three in One:
We pray for ourselves,
for your Church, for all whom we remember before you ...
Bring us all to bow before your throne in heaven,
to receive life and pardon, mercy and grace for all eternity,
as we worship you, saying,

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest. Amen.**

Church's Ministry	<i>Praying for the people, groups and mission and outreach of the churches in our parish, diocese and worldwide Anglican communion</i>
Community	<i>Praying for our community, our parish and Medway</i>
People of the Parish	<i>Praying for those who live in Frindsbury and Wainscott, (FW), Upnor (U), Chattenden (C) and those who work on Medway City Estate (MCE)</i>

Trinity	Sunday, 12 June
Church's Ministry	Pray for our stewardship of creation; pray for the Count on Nature initiative.
Community	Give thanks for family life and those we hold dear in our hearts, praying for their health, well-being and hope.
People of the parish	Elm Avenue (West) (C), Hollywood Lane (FW)
	Monday, 13 June
Church's Ministry	As the cost of living continues to rise, pray for families struggling to get by, and for food banks providing help
Community	Pray for all in education: teachers, support staff and administrators, pupils and students; pray for staff and pupils at Temple Mill School and for all preparing for, and sitting, exams
People of the parish	Elmwood Road (C), Hoo Common (C)
	Tuesday, 14 June
Church's Ministry	Pray for Deanery Synod meeting this evening, our parish representatives and new Area Dean, The Rev Dr Mark Borley
Community	Pray for Pilgrims Pantry, our church café – for those volunteering and those coming along. Pray for Little Lights – our baby and toddler group.
People of the parish	Enterprise Close (MCE), Hoo Road (FW)
	Wednesday, 15 June
Church's Ministry	Pray for our church singers and musicians
Community	Pray for the elderly, isolated and vulnerable; pray for those who care for them that they would be strengthened and encouraged. Pray for staff and residents of Frindsbury House
People of the parish	Evelyn Close (FW), Iden Road (FW)
	Thursday, 16 June
Church's Ministry	In Loneliness Awareness Week, pray for all who are lonely, and give thanks for those who offer companionship and support.
Community	Pray for those in positions of authority, making decisions at national and local level; pray for local councillors for Strood North and Strood Rural
People of the parish	Everest Lane (FW), Islingham Farm Road (C)
	Friday, 17 June
Church's Ministry	Pray for our pastoral team, keeping in touch with the elderly and housebound
Community	Pray for all NHS and community keyworkers that they may be upheld and strengthened and protected in their work.
People of the parish	Fordwich Road (FW), Jarrett Avenue (FW)
	Saturday, 18 June
Church's Ministry	Pray for our parish walk, for good conversation and safety
Community	Pray for all who are struggling in body, mind or spirit
People of the parish	Four Elms Hill (C), Juno Way (FW)