

### FROM NICHOLAS

As we have begun to emerge from COVID, with significant rises in the cost of living, the events in Ukraine have overwhelmed us. For many, the wilderness experience has been a very real one this Lent and indeed over the past two years. We have felt lost and alone. The temptations Jesus faced are timeless – distortion of the truth, greed and lust for power. We have seen the terrible consequences of succumbing to them.

Resurrection and hope were found by the disciples in the realities of life, the brutality of the Roman empire and the political intrigues of the day. My Easter prayer is that, for all of us, in the realities of our lives that the meaning of the resurrection will be more powerful and real than it has ever been.

### BISHOP OF ROCHESTER

It is wonderful that just before we prepare to enter Passiontide that HM The Queen has approved the nomination of the Rt Rev Jonathan Gibbs as the next Bishop of Rochester.

Bishop Jonathan is currently the Bishop of Huddersfield in the Diocese of Leeds. He also holds the national portfolio of Lead Bishop for Safeguarding, a role he will bring with him into his post as Bishop of Rochester. His PhD was in the theology of work.

He is married to Toni and they have three children. His interests include walking, usually accompanied by their Cocker Spaniel, and rummaging in second-hand bookshops. He is a fluent French speaker with a love of France, and especially its wines. He also speaks German and Swiss-German. He and his wife, who originally met when working in Paris, enjoy entertaining and making new friends. Jonathan is also a member of the Campaign to Protect Rural England and the Campaign for Real Ale, committed to supporting village and community life. Jonathan was consecrated as Bishop of Huddersfield in York Minster on 17 October 2014.

### HOLY WEEK AND EASTER SERVICES

*Sunday 10 April – Palm Sunday*

8.30am Holy Communion, St Philip & St James

10.00am All Age Worship, All Saints

*Thursday 14 April – Maundy Thursday*

7.30pm – Holy Communion

*Friday 15 April – Good Friday*

2.00pm An Hour at the Cross

*Sunday 17 April – Easter Sunday*

6.00pm Dawn Service with Breakfast. **For catering, please email Sue to book**  
[breakfast.pa@allsaintsfrindsbury.org.uk](mailto:pa@allsaintsfrindsbury.org.uk)

8.30am Holy Communion, St Philip & St James

10.00am Holy Communion, All Saints

**You may want to bring flowers to decorate the cross as we have previously.**

## **UKRAINE RESPONSE– please see separate sheet**

### **Tuesday 12 April - A Fundraising Day for Ukraine All Saints Parish Hall**

Everyone is welcome to come for coffee and cake from 10am – 2.00pm. Lunch will also be available with an opportunity to try some Ukrainian dishes! There will be crafts, cakes, preserves, baby clothes and toys for sale, activities to take part in, and a raffle.

In the evening we are holding a **Quiz Night** – 7.00pm for 7.30pm start, tables of up to 6 - £5.00 per head. Please book your table at the Parish Office [pa@allsaintsfrindsbury.org.uk](mailto:pa@allsaintsfrindsbury.org.uk)

Please let Sue or Nicholas know if you are able to help with this day in any way. Donations of cakes, preserves and raffle prizes would be appreciated. If you have any baby clothes or toys to donate please contact Sue at the Parish Office. Please invite family and friends to come along to support the day.

There are a number of charities through which you can donate for humanitarian support, including *DEC and USPG*.

### **UKRAINE POSTCARD**

Annie has painted a water colour painting from which we have produced a postcard. The intention is that the card is sold to raise funds for Ukraine. A local printer and donations have covered the costs. Thus, all monies raised through sale of the card will go to the Ukraine DEC appeal. If you are aware of any sales opportunities, please let Annie or Nicholas know. Sellers can receive cards at no charge on the understanding that all funds raised are remitted directly to Ukraine DEC.

### **PARISH WALK ....**

#### **to Round Top Wood and Upnor with Easter Egg Hunt**

Meet at 11am Saturday 16th April 2022 (Easter Saturday)

Meet UPNOR CHURCH ME2 4UX (crossroads of Upnor Road and Upchat Road)

We have a super walk planned for April with spring flowers blooming around us as we venture back to the countryside around Upnor. Our longer walk of just over 3 miles climbs from the Arethusa Centre to Chattenden, and on to Round Top Wood. Our return and descent will be accompanied by bluebells. The short walk option will visit the woods around Upnor, involving less climb and descent, though there is some. We will not rush the climbs.

We will all return to Upnor church for hot and cold drinks and tasty treats, and an Easter egg hunt open to all.

The walk involves footpaths as well as some pavements. As of writing the walk was dry and firm under foot. Dogs on leads welcome; children under 14 must be accompanied. All welcome. Please share, and feel free to invite family, friends and neighbours. To avoid the need for signing in please email [pa@allsaintsfrindsbury.org.uk](mailto:pa@allsaintsfrindsbury.org.uk) to reserve a place\*.

\* Please note all participants walk at their own risk. We may take photos of the adults to share on social media and promote our activities, unless you let us know you do not wish your photo to be taken. High-vis straps will be available for wear (but are not compulsory).

### **PILGRIMS PANTRY and UPCHAT CAFÉ**

Pilgrims Pantry relaunched last Tuesday and will meet every Tuesday morning from 10.30am in the Parish Hall.

The UpChat Café will restart on Friday 22 April, 10am, at St Philip & St James.



## **LITTLE LIGHTS**

All Saints Baby and Toddlers has recommenced as 'Little Lights' on Tuesday afternoons, term time, from 1.00pm. Carers, babies and toddlers meet for play, craft, snacks, songs a short story and a prayer. It is having an Easter break and will recommence on Tuesday 19 April.

## **STEWARDSHIP CAMPAIGN**

You should have received a stewardship pack but do please take one from the back of church. Please prayerfully consider your response, complete the enclosed form and return to the Stewardship Recorder. Our responses will be collected and offered at our Easter Sunday service.

## **APCM and ELECTORAL ROLL**

This year our APCM (Annual Parochial Church Meeting) will be on Sunday 29 May 10.00am. The revision of our Electoral Roll takes place on Sunday 1- Friday 6 May. The new roll will be published on Sunday 8 May. The Electoral Roll is our church membership list - being on the roll allows you to stand as a church officer and to vote at the APCM. Most of you will already be on the existing roll and therefore do not need to complete a new form but please check the list at the back of our churches. To join the roll, please complete a form which is at the back of churches and pass to Andrew, Electoral Roll Officer, or Sue, Administrator. Forms need to be returned by the end of April, please.

## **ECO CHURCH**

As a church we would like to be better stewards of our planet and so we have committed to being part of the Eco Church network and work to become more 'eco-friendly'.

We can also all do our bit individually to help reduce climate change and so we are going to be including 'Green Tips' here in our newsletter and on a notice board in All Saints. We might not all be able to do everything, but each little thing we do is a step in the right direction.

This month's Green Tip is:

## **Green Tips**



Don't tidy up the garden too early! Lots of insects and small animals may still be using dried up stems of plants or fallen leaves to keep warm when the weather turns cold.

**OPEN GARDEN AT BISHOPSCOURT** (24 St Margaret's Street, Rochester, ME1 1TS) as part of the National Garden Scheme, Saturday 30 April 11:00am to 2:00pm. Tickets £5.00, children free. Please see the NGS website [www.ngs.org.uk](http://www.ngs.org.uk).

There will be tea & cake and a plant stall (cash only). Disabled parking only.

Bishopscourt: 01634 842721 [bishopscourt@rochester.anglican.org](mailto:bishopscourt@rochester.anglican.org)

## **DONATIONS TO THE MINISTRY AND MISSION OF THIS PARISH**

Our financial year is coming to a close. It is a year in which we have had to invest a significant sum in the care of our buildings. Unfortunately, our regular giving has dropped and plate offerings at all services have been significantly reduced by not passing the plate around as part of our COVID protection measures.

Donations can be made at our services by cash or cheque in the collection plate, a stewardship envelope or standing order for regular giving please speak to Nicholas, the Churchwardens, Sue Jones or Alison Mings.



We are now also offering this QR code in our printed materials. Scanning the code with the camera on your smart phone will take you to the Give a Little page for our parish. You can choose how much, whether to Gift Aid, and request a receipt.

### **SAFEGUARDING – VOLUNTEER ROLE AGREEMENTS**

The Church of England Safeguarding Requirements expect all members who have already have a voluntary role in church to complete a Volunteer Agreement. These will start to be sent out to you by email or post. If you need a printed copy, please contact Sue Jones on 01634 296050. Please sign and return within the next week if possible. You will require two referees, and these will be provided by the Church Wardens.

### **PRAYER CHAIN**

Carole Morrad has asked me to remind you that the Prayer Chain are always willing to take prayer requests. If the prayer is not for you then we do ask that you have the permission of the person you are asking us to pray for.

### **DEMENTIA RESOURCES**

At this time, those who live with dementia are understandably disoriented and upset. It has been a difficult and concerning time for their families too. Carole and Annie, our Anna Friends, have gathered some resources which are now available on the website. In particular there are a number of online training and awareness courses available at no cost.

### **SAFEGUARDING RESOURCES**

RELEASE THE PRESSURE - new helpline from Kent County Council

Mental well-being remains a huge concern at this time.

A new phone line is available through Kent County Council, offering 24/7 access to a highly trained and experienced team, to provide expert support no matter what a person is going through.

People are encouraged not to suffer in silence and to text the word Kent to 85258 or call the number 0800 107 0160, for free confidential support.

### **SAFE HAVENS**

Mental Health Matters can help any resident of Kent or Medway aged 16+ by offering a warm, welcoming, safe and comfortable environment. Contact: 07850 901151 or 07808 79503

### **CONTACT US**

Vicar: The Reverend Nicholas Cooper	01634 717580	vicar@allsaintsfrindsbury.org.uk
Pioneer Minister: The Revd Sue Vallente-Kerr	07940 161044	pioneer@allsaintsfrindsbury.org.uk
Administrator: Sue Jones	01634 296050	pa@allsaintsfrindsbury.org.uk
Parish Safeguarding Officer: Vicki Webster	01634 515580	webstervictoria95@gmail.com
Parish Hall Team	07526 094 017	roomhire@allsaintsfrindsbury.org.uk

## Prayer Diary 10-16 April 2022

“...in everything by prayer and supplication with thanksgiving let your requests be made known to God.” *(Philippians 4:6)*

### Prayers from the Church of England to use in our prayers for Ukraine

God of peace and justice,  
we pray for the people of Ukraine today.  
We pray for peace and the laying down of weapons.  
We pray for all those who fear for tomorrow,  
that your Spirit of comfort would draw near to them.  
We pray for those with power over war or peace,  
for wisdom, discernment and compassion to guide their decisions.  
Above all, we pray for all your precious children, at risk and in fear,  
that you would hold and protect them.  
We pray in the name of Jesus, the Prince of Peace. Amen.

Let us pray to the Lord, who is our refuge and stronghold.

For the health and well-being of our nation, that all who are fearful and anxious may be at peace and free from worry:  
Lord, hear us, **Lord, graciously hear us.**

For the isolated and housebound, that we may be alert to their needs, and care for them in their vulnerability:  
Lord, hear us, **Lord, graciously hear us.**

For our homes and families, our schools and young people, and all in any kind of need or distress:  
Lord, hear us, **Lord, graciously hear us.**

For a blessing on our local community, that our neighbourhoods may be places of trust and friendship, where all are known and cared for:  
Lord, hear us, **Lord, graciously hear us.**

We commend ourselves, and all for whom we pray, to the mercy and protection of God.

Merciful Father,  
**accept these prayers  
for the sake of your Son, our Saviour Jesus Christ. Amen.**

<b>Church's Ministry</b>	<i>Praying for the people, groups and mission and outreach of the churches in our parish, diocese and worldwide Anglican communion</i>
<b>Community</b>	<i>Praying for our community, our parish and Medway</i>
<b>People of the Parish</b>	<i>Praying for those who live in Frindsbury and Wainscott, (FW), Upnor (U), Chattenden (C) and those who work on Medway City Estate (MCE)</i>

<b>Palm Sunday</b>	<b>Sunday, 10 April</b>
<b>Church's Ministry</b>	<i>True and humble king, hailed by the crowd as Messiah: grant us the faith to know you and love you, that we may be found beside you on the way of the cross, which is the path of glory.</i>
<b>Community</b>	Give thanks for family life and those we hold dear in our hearts, praying for their health, well-being and hope.
<b>People of the parish</b>	Dashmonden Close (FW), Hilltop Road (FW), Guinness Drive (FW)
	<b>Monday, 11 April</b>
<b>Church's Ministry</b>	Pray for our fundraising day for Ukraine tomorrow, 12 April, for generosity and fellowship; and for organisations and charities who form part of DEC working to provide food, water, shelter, healthcare and protection to Ukraine in an ever changing situation
<b>Community</b>	Pray for all in education: teachers, support staff and administrators, pupils and students; pray for rest and refreshment during the Easter break
<b>People of the parish</b>	Eglington Drive (FW), Holly Road (FW), Linnet Close
	<b>Tuesday, 12 April</b>
<b>Church's Ministry</b>	Pray for couples in our parish preparing for marriage this summer.
<b>Community</b>	Pray for our Ukraine fundraising day
<b>People of the parish</b>	Elm Avenue (West) (C), Hollywood Lane (FW)
	<b>Wednesday, 13 April</b>
<b>Church's Ministry</b>	Give thanks for all who serve in our parish
<b>Community</b>	Pray for the elderly, isolated and vulnerable; pray for those who care for them that they would be strengthened and encouraged. Pray for staff and residents of Frindsbury Hall House
<b>People of the parish</b>	Elmwood Road (C), Hoo Common (C)
<b>Maundy Thursday</b>	<b>Thursday, 14 April</b>
<b>Church's Ministry</b>	Pray for our ministers lay and ordained gathering for chrism eucharist today <i>God our Father, your Son Jesus Christ was obedient to the end and drank the cup prepared for him: may we who share his table watch with him through the night of suffering and be faithful.</i>
<b>Community</b>	Pray for all who are persecuted for their faith and for those who speak out in support of the unjustly treated or unfairly imprisoned.
<b>People of the parish</b>	Enterprise Close (MCE), Hoo Road (FW)
<b>Good Friday</b>	<b>Friday, 15 April</b>
<b>Church's Ministry</b>	<i>Eternal God, in the cross of Jesus we see the cost of sin and the depth of your love: in humble hope and fear may we place at his feet all that we have and all that we are, through Jesus Christ our Lord.</i>
<b>Community</b>	Pray for community keyworkers; pray for pharmacies in our parish
<b>People of the parish</b>	Evelyn Close (FW), Iden Road (FW)
<b>Easter Eve</b>	<b>Saturday, 16 April</b>
<b>Church's Ministry</b>	<i>In the depths of our isolation we cry to you, Lord God: give light to our darkness and bring us out of the prison of our despair; through Jesus Christ our Lord.</i>
<b>Community</b>	Pray for all who are struggling in body, mind or spirit
<b>People of the parish</b>	Everest Lane (FW), Islingham Farm Road (C)