

### FROM NICHOLAS

During Lent we are taking the opportunity to reflect on the stewardship of our finances, time and talents. It is an expression of our worship and discipleship. More details are below.

Our services at All Saints, as is customary, change slightly during Lent to accommodate Mothering Sunday. The pattern of Holy Communion on the odd Sundays of the month continues. The dates are:

Sunday 27 March – Mothering Sunday, All Age Service inviting the Beavers, Cubs and Scouts.

Sunday 10 April – Palm Sunday, All Age Service inviting the Beavers, Cubs and Scouts.

Sunday 17 April – Easter Sunday

Please do join us at the café on Tuesdays. It will formally relaunch as *Pilgrim's Pantry* on April 5 when we will publicise it to the wider community. The UpChat Café will restart on Friday 22 April.

**UKRAINE – please see separate sheet and ear mark Tuesday, 12 April in your diary.**

### **Tuesday 12 April - A Fundraising Day for Ukraine All Saints Parish Hall**

Everyone is welcome to come for coffee and cake from 10am – 2.00pm. Lunch will also be available with an opportunity to try some Ukrainian dishes! There will be crafts, cakes, preserves, baby clothes and toys for sale, activities to take part in, and a raffle.

In the evening we are holding a **Quiz Night** – 7.00pm for 7.30pm start, tables of up to 6 - £5.00 per head. Please book your table at the Parish Office [pa@allsaintsfrindsbury.org.uk](mailto:pa@allsaintsfrindsbury.org.uk)

Please let Sue or Nicholas know if you are able to help with this day in any way. Donations of cakes, preserves and raffle prizes would be appreciated. If you have any baby clothes or toys to donate please contact Sue at the Parish Office. Please invite family and friends to come along to support the day.

### **A prayer for Ukraine and all people of the world.**

Almighty God,  
from whom all thoughts of truth and peace proceed:  
kindle, we pray, in the hearts of all, the true love of peace  
and guide with your pure and peaceable wisdom  
those who take counsel for the nations of the earth  
that in tranquillity your kingdom may go forward,  
till the earth is filled with the knowledge of your love;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. Amen.

There are a number of charities through which you can donate for humanitarian support, including *DEC and USPG*.

## MEETING POINT and LITTLE LIGHTS

It is the start of recommencing some of our church life. Judy Carr is beginning to build a team to restart a café on Tuesday from 10.30am during March we will focus this on inviting our church family. It will give the new team an opportunity to run things with smaller numbers before re-opening it more widely. **If you are interested in helping please let Judy know. It does not need to be a weekly commitment,**



All Saints Baby and Toddlers has recommenced as 'Little Lights' on Tuesday afternoons, term time, from 1.00pm. Carers, babies and toddlers meet for play, craft, snacks, song a short story and a prayer.

## STEWARDSHIP CAMPAIGN

You should have received a stewardship pack but do please take one from the back of church. Please prayerfully consider your response, complete the enclosed form and return to the Stewardship Recorder. Our responses will be collected and offered at our Easter Sunday service.

## APCM and ELECTORAL ROLL

This year our APCM (Annual Parochial Church Meeting) will be on Sunday 29 May 10.00am. The revision of our Electoral Roll takes place on Sunday 1- Friday 6 May. The new roll will be published on Sunday 8 May. The Electoral Roll is our church membership list - being on the roll allows you to stand as a church officer and to vote at the APCM. Most of you will already be on the existing roll and therefore do not need to complete a new form but please check the list at the back of our churches. To join the roll, please complete a form which is at the back of churches and pass to Andrew, Electoral Roll Officer, or Sue, Administrator. Forms need to be returned by the end of April, please.

## ECO CHURCH

As a church we would like to be better stewards of our planet and so we have committed to being part of the Eco Church network and work to become more 'eco-friendly'.

We can also all do our bit individually to help reduce climate change and so we are going to be including 'Green Tips' in our weekly newsletter and on a notice board in All Saints. We might not all be able to do everything, but each little thing we do is a step in the right direction.

This week's Green Tip is:

## Green Tips



**The Three Rs** – We probably all do our best to recycle what we can, but it is better to reduce what we buy and reuse items if possible as the process of recycling uses up energy and resources such as water. Also, don't forget repair and repurpose to reduce waste.

## **DONATIONS TO THE MINISTRY AND MISSION OF THIS PARISH**

Our financial year is coming to a close. It is a year in which we have had to invest a significant sum in the care of our buildings. Unfortunately, our regular giving has dropped and plate offerings at all services have been significantly reduced by not passing the plate around as part of our COVID protection measures.

Donations can be made at our services by cash or cheque in the collection plate, a stewardship envelope or standing order for regular giving please speak to Nicholas, the Churchwardens, Sue Jones or Alison Mings.



We are now also offering this QR code in our printed materials. Scanning the code with the camera on your smart phone will take you to the Give a Little page for our parish. You can choose how much, whether to Gift Aid, and request a receipt.

## **SAFEGUARDING – VOLUNTEER ROLE AGREEMENTS**

The Church of England Safeguarding Requirements expect all members who have already have a voluntary role in church to complete a Volunteer Agreement. These will start to be sent out to you by email or post. If you need a printed copy, please contact Sue Jones on 01634 296050. Please sign and return within the next week if possible. You will require two referees, and these will be provided by the Church Wardens.

## **VIRTUAL DROP-IN CAFÉ – ‘ZOOMOFFEE’**

This continues to ‘meet’ on Wednesdays at 10.30am via the Zoom application.  
Message Sue for more details.



## **PRAYER CHAIN**

Carole Morrad has asked me to remind you that the Prayer Chain are always willing to take prayer requests. If the prayer is not for you then we do ask that you have the permission of the person you are asking us to pray for.

## **DEMENTIA RESOURCES**

At this time, those who live with dementia are understandably disoriented and upset. It has been a difficult and concerning time for their families too. Carole and Annie, our Anna Friends, have gathered some resources which are now available on the website. In particular there are a number of online training and awareness courses available at no cost.

## **SAFEGUARDING RESOURCES**

RELEASE THE PRESSURE - new helpline from Kent County Council

Mental well-being remains a huge concern at this time.

A new phone line is available through Kent County Council, offering 24/7 access to a highly trained and experienced team, to provide expert support no matter what a person is going through.

People are encouraged not to suffer in silence and to text the word Kent to 85258 or call the number 0800 107 0160, for free confidential support.

## **SAFE HAVENS**

Mental Health Matters can help any resident of Kent or Medway aged 16+ by offering a warm, welcoming, safe and comfortable environment. Contact: 07850 901151 or 07808 79503

## **CONTACT US**

Vicar: The Reverend Nicholas Cooper      01634 717580    [vicar@allsaintsfrindsbury.org.uk](mailto:vicar@allsaintsfrindsbury.org.uk)

Pioneer Minister: The Reverend Sue Vallente-Kerr

07940 161044    [pioneer@allsaintsfrindsbury.org.uk](mailto:pioneer@allsaintsfrindsbury.org.uk)

Administrator: Sue Jones      01634 296050    [pa@allsaintsfrindsbury.org.uk](mailto:pa@allsaintsfrindsbury.org.uk)

Parish Safeguarding Officer: Vicki Webster    01634 515580    [webstervictoria95@gmail.com](mailto:webstervictoria95@gmail.com)

Parish Hall Team      07526 094 017    [roomhire@allsaintsfrindsbury.org.uk](mailto:roomhire@allsaintsfrindsbury.org.uk)

## **Prayer Diary 27 March – 2 April 2022**

“...in everything by prayer and supplication with thanksgiving let your requests be made known to God.” *(Philippians 4:6)*

### **Prayers from the Church of England to use in our prayers for Ukraine**

God of peace and justice,  
we pray for the people of Ukraine today.  
We pray for peace and the laying down of weapons.  
We pray for all those who fear for tomorrow,  
that your Spirit of comfort would draw near to them.  
We pray for those with power over war or peace,  
for wisdom, discernment and compassion to guide their decisions.  
Above all, we pray for all your precious children, at risk and in fear,  
that you would hold and protect them.  
We pray in the name of Jesus, the Prince of Peace. Amen

<b>Church's Ministry</b>	<i>Praying for the people, groups and mission and outreach of the churches in our parish, diocese and worldwide Anglican communion</i>
<b>Community</b>	<i>Praying for our community, our parish and Medway</i>
<b>People of the Parish</b>	<i>Praying for those who live in Frindsbury and Wainscott, (FW), Upnor (U), Chattenden (C) and those who work on Medway City Estate (MCE)</i>

<b>Mothering Sunday</b>	<b>Sunday, 27 March</b>
<b>Church's Ministry</b>	<i>God of love, passionate and strong, tender and careful: watch over us and hold us all the days of our life; through Jesus Christ our Lord.</i>
<b>Community</b>	Give thanks for family life and those we hold dear in our hearts, praying for their health, well-being and hope. Give thanks for mothers and for mothering, which is not done only by mothers; pray for those who have lost their mothers, those who long to be a mother and those for whom family life is difficult and complicated.
<b>People of the parish</b>	Chartwell Close (FW), Ravenswood Avenue (FW) Whitewall Way
	<b>Monday, 28 March</b>
<b>Church's Ministry</b>	Give thanks and pray for organisations and charities who form part of DEC working to provide food, water, shelter, healthcare and protection to Ukraine in an ever changing situation.
<b>Community</b>	Pray for all in education: teachers, support staff and administrators, pupils and students; pray for Wainscott School
<b>People of the parish</b>	Chatsworth Drive (FW), Richmond Close (U), Windmill Close (FW)
	<b>Tuesday, 29 March</b>
<b>Church's Ministry</b>	Pray for Vicar, Nicholas and family
<b>Community</b>	Pray for our Drop In Café 'Pilgrims Pantry' – and 'Little Lights' – baby and toddler group; for those leading and helping and those who will be coming along.
<b>People of the parish</b>	Chattenden Lane (C), Riverside (FW), Windmill Street (FW)
	<b>Wednesday, 30 March</b>
<b>Church's Ministry</b>	Give thanks for all who serve by offering hospitality
<b>Community</b>	Pray for the elderly, isolated and vulnerable; pray for those who care for them that they would be strengthened and encouraged. Pray for staff and residents of Montgomery Court
<b>People of the parish</b>	Choir Close (FW), Rolvenden Road (FW), Wingrove Drive (FW)
	<b>Thursday, 31 March</b>
<b>Church's Ministry</b>	Pray for Archdeacon, Andy Wooding-Jones
<b>Community</b>	Pray for those in leadership - pray for wisdom and discernment for our world leaders. Pray for Kelly Tolhurst, MP
<b>People of the parish</b>	Songbird Crescent (C)
	<b>Friday, 1 April</b>
<b>Church's Ministry</b>	Pray for all those working in chaplaincy, in retail and business, in schools, hospitals, care homes, hospices, prisons and armed forces.
<b>Community</b>	Pray for community keyworkers; pray for police and fire services
<b>People of the parish</b>	Church Green (FW), Royal Eagle Close (MCE), Winston Drive (FW)
	<b>Saturday, 2 April</b>
<b>Church's Ministry</b>	Pray for our mission and outreach
<b>Community</b>	Pray for all who are struggling in body, mind or spirit
<b>People of the parish</b>	Cliffe Road (FW), Schooner Walk (U), Woodfield Way