

## Notices for the week beginning Sunday 20 March 2022



### FROM NICHOLAS

During Lent we are taking the opportunity to reflect on the stewardship of our finances, time and talents. It is an expression of our worship and discipleship. More details are below.

Our services at All Saints, as is customary, change slightly during Lent to accommodate Mothering Sunday. The pattern of Holy Communion on the odd Sundays of the month continues. The dates are:

Sunday 27 March – Mothering Sunday, All Age Service inviting the Beavers, Cubs and Scouts.

Sunday 10 April – Palm Sunday, All Age Service inviting the Beavers, Cubs and Scouts.

Sunday 17 April – Easter Sunday

Please do join us at the café on Tuesdays. It will formally relaunch as ‘Pilgrim’s Pantry’ in April when we will publicise it to the wider community.

**UKRAINE – please see separate sheet and ear mark Tuesday, 12 April in your diary.**

A prayer for Ukraine and all people of the world.

Almighty God,  
from whom all thoughts of truth and peace proceed:  
kindle, we pray, in the hearts of all, the true love of peace  
and guide with your pure and peaceable wisdom  
those who take counsel for the nations of the earth  
that in tranquillity your kingdom may go forward,  
till the earth is filled with the knowledge of your love;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. Amen.

There are a number of charities through which you can donate for humanitarian support, including *DEC and USPG*.

### FUNDRAISING FOR UKRAINE

If anyone would like to consider organising a fundraiser for Ukraine, the hall is free most Fridays and there would be no hire charge. Please contact the Parish Hall Team or Nicholas or Sue.

### MEETING POINT and LITTLE LIGHTS

It is the start of recommencing some of our church life. Judy Carr is beginning to build a team to restart a café on Tuesday from 10.30am during March we will focus this on inviting our church family. It will give the new team an opportunity to run things with smaller numbers before re-opening it more widely. **If you are interested in helping please let Judy know. It does not need to be a weekly commitment,**



All Saints Baby and Toddlers has recommenced as ‘Little Lights’ on Tuesday afternoons from 1.00pm. Carers, babies and toddlers meet for play, craft, snacks, song a short story and a prayer.

## STEWARDSHIP CAMPAIGN

During Lent we traditionally reflect on our discipleship. Part of that is the stewardship of our time, talents and finance. This week we continue our Stewardship Campaign and for those on the Electoral Roll and regular church members there will be a named envelope of information for you.

During this time, we are asking you to consider whether you could give some more time of your time, talents and/or money to help us re-build our church life. We have not held a stewardship campaign since the autumn of 2018, and we have spent a good deal of our reserves in the time since then. It is important we replenish some of these as well as getting back to keeping our income in line with our spending.

As far as finance is concerned, we realise an increase in giving is impossible for some people, faced with rising prices, and we do not ask you to increase your giving if that is not practical. However, some people are in a position to give more, and if you are one of these, please consider an increase that recognises it may be three years since you last changed what you give.

The responses will be collected and offered at our Easter Sunday service.

## ECO CHURCH

As a church we would like to be better stewards of our planet and so we have committed to being part of the Eco Church network and work to become more 'eco-friendly'.

We can also all do our bit individually to help reduce climate change and so we are going to be including 'Green Tips' in our weekly newsletter and on a notice board in All Saints. We might not all be able to do everything, but each little thing we do is a step in the right direction.

This week's Green Tip is:

### Green Tips



Use more Eco friendly toilet paper and kitchen roll, either ones that use recycled paper, or better still bamboo, which is more sustainable. It requires at least 17 trees and 90,921 litres of water for a tonne of paper rolls. As bamboo can grow 39 inches within 24 hours, toilet paper made out of bamboo are a much more sustainable option compared to regular toilet paper.

## PARISH WALK...to 'Carole's' Green Space and Manor Farm Barn.

**Meet 11am Saturday 19 March Church Green, Frindsbury ME2 4HJ**

Spring is on its way at last and our walk this month will see greenery shooting all around us.

While we have fond memories of our December walk to the green spaces of Wainscott, there was (at least) one we missed, and we are planning to put that right. Our walk this month takes a varied and mostly level walk through Wainscott and mixes urban and rural sights, with the longer (3 miles) walkers returning through Wainscott recreation ground (outdoor gym!) and Manor Farm Barn, while the shorter walkers (2 miles) return to church. We will all meet back at All Saints church for hot and cold drinks and tasty treats.

This is a mainly urban walk, generally on roads with pavements. However, the longer walk will involve footpaths towards the end that could be muddy if it has been wet.

Dogs on leads welcome; children under 14 must be accompanied. All welcome. Please share, and feel free to invite family, friends and neighbours.

To avoid the need for signing in please e mail [pa@allsaintsfrindsbury.org.uk](mailto:pa@allsaintsfrindsbury.org.uk) to reserve a place\*.

*\* Please note all participants walk at their own risk. We may take photos of the adults to share on social media and promote our activities, unless you let us know you do not wish your photo to be taken. High-vis straps will be available for wear (but are not compulsory).*

## **DONATIONS TO THE MINISTRY AND MISSION OF THIS PARISH**

Our financial year is coming to a close. It is a year in which we have had to invest a significant sum in the care of our buildings. Unfortunately, our regular giving has dropped and plate offerings at all services have been significantly reduced by not passing the plate around as part of our COVID protection measures.

Donations can be made at our services by cash or cheque in the collection plate, a stewardship envelope or standing order for regular giving please speak to Nicholas, the Churchwardens, Sue Jones or Alison Mings.



We are now also offering this QR code in our printed materials. Scanning the code with the camera on your smart phone will take you to the Give a Little page for our parish. You can choose how much, whether to Gift Aid, and request a receipt.

## **SAFEGUARDING – VOLUNTEER ROLE AGREEMENTS**

The Church of England Safeguarding Requirements expect all members who have already have a voluntary role in church to complete a Volunteer Agreement. These will start to be sent out to you by email or post. If you need a printed copy, please contact Sue Jones on 01634 296050. Please sign and return within the next week if possible. You will require two referees, and these will be provided by the Church Wardens.

## **VIRTUAL DROP-IN CAFÉ – ‘ZOOMOFFEE’**

This continues to ‘meet’ on Wednesdays at 10.30am via the Zoom application.  
Message Sue for more details.



## **PRAYER CHAIN**

Carole Morrad has asked me to remind you that the Prayer Chain are always willing to take prayer requests. If the prayer is not for you then we do ask that you have the permission of the person you are asking us to pray for.

## **DEMENTIA RESOURCES**

At this time, those who live with dementia are understandably disoriented and upset. It has been a difficult and concerning time for their families too. Carole and Annie, our Anna Friends, have gathered some resources which are now available on the website. In particular there are a number of online training and awareness courses available at no cost.

## **SAFEGUARDING RESOURCES**

RELEASE THE PRESSURE - new helpline from Kent County Council

Mental well-being remains a huge concern at this time.

A new phone line is available through Kent County Council, offering 24/7 access to a highly trained and experienced team, to provide expert support no matter what a person is going through. People are encouraged not to suffer in silence and to text the word Kent to 85258 or call the number 0800 107 0160, for free confidential support.

## **SAFE HAVENS**

Mental Health Matters can help any resident of Kent or Medway aged 16+ by offering a warm, welcoming, safe and comfortable environment. Contact: 07850 901151 or 07808 79503

## **CONTACT US**

Vicar: The Reverend Nicholas Cooper      01634 717580    [vicar@allsaintsfrindsbury.org.uk](mailto:vicar@allsaintsfrindsbury.org.uk)

Pioneer Minister: The Reverend Sue Vallente-Kerr

07940 161044    [pioneer@allsaintsfrindsbury.org.uk](mailto:pioneer@allsaintsfrindsbury.org.uk)

Administrator: Sue Jones      01634 296050    [pa@allsaintsfrindsbury.org.uk](mailto:pa@allsaintsfrindsbury.org.uk)

Parish Safeguarding Officer: Vicki Webster    01634 515580    [webstervictoria95@gmail.com](mailto:webstervictoria95@gmail.com)

Parish Hall Team      07526 094 017    [roomhire@allsaintsfrindsbury.org.uk](mailto:roomhire@allsaintsfrindsbury.org.uk)

## Prayer Diary 13-19 March 2022

“...in everything by prayer and supplication with thanksgiving let your requests be made known to God.” *(Philippians 4:6)*

### Prayers from the Church of England to use in our prayers for Ukraine

God of peace and justice,  
we pray for the people of Ukraine today.  
We pray for peace and the laying down of weapons.  
We pray for all those who fear for tomorrow,  
that your Spirit of comfort would draw near to them.  
We pray for those with power over war or peace,  
for wisdom, discernment and compassion to guide their decisions.  
Above all, we pray for all your precious children, at risk and in fear,  
that you would hold and protect them.  
We pray in the name of Jesus, the Prince of Peace. Amen

### Wednesday 23 March is National Reflection Day, the second anniversary of the UK lockdown – some prayers from The Church of England to help

#### Reflect

Loving God, you hold all our times in your hands, our past, our present, our future. Be close to us now as we remember all the difficulties and disappointments of the past year. Be especially close to all of us who are thinking of someone we loved and knew, but see no longer, whether family, friend, colleague or neighbour. Help us to trust that they are at peace with you, and comfort us with your presence.

#### Connect

Loving God, you place us in families and communities, and we give you thanks for all those around us who serve us and help us in so many ways. Give wisdom to community leaders, to our schools, hospitals, care homes and other agencies who make a difference to our lives. Help each of us to have the courage to reach out with thanks and kindness to those around us and to speak words of faith as we share the good news of your love.

#### Hope

Loving God, as we journey towards Easter, help us to live as people of hope, knowing that beyond the pain of the cross lies the joy of resurrection. Inspire us in our worship, through our churches and in our homes, that we may bring glory to you and joy to others. Be with those who are struggling in mind, body or spirit, and give courage to those who are facing uncertainty and change ahead. Help each of us to keep our eyes fixed on you, that we may reflect your light to all whom we meet.

#### Prayers

God of Love,  
As we think about all that has changed this year,  
help us to trust that you are always with us.  
As we remember those who have died,  
help us to trust they are at peace with you.  
As we reach out to others with kindness and care,  
may hope shine out in every heart and home.  
Amen.

<b>Church's Ministry</b>	<i>Praying for the people, groups and mission and outreach of the churches in our parish, diocese and worldwide Anglican communion</i>
<b>Community</b>	<i>Praying for our community, our parish and Medway</i>
<b>People of the Parish</b>	<i>Praying for those who live in Frindsbury and Wainscott, (FW), Upnor (U), Chattenden (C) and those who work on Medway City Estate (MCE)</i>

<b>Lent 3</b>	<b>Sunday, 20 March</b>
<b>Church's Ministry</b>	Eternal God, give us insight to discern your will for us, to give up what harms us, and to seek the perfection we are promised in Jesus Christ our Lord.
<b>Community</b>	Give thanks for family life and those we hold dear in our hearts, praying for their health, well-being and hope.
<b>People of the parish</b>	Bunters Hill Road (C), Poole Close (FW), Wainscott Road (FW)
	<b>Monday, 21 March</b>
<b>Church's Ministry</b>	Give thanks for the work of Medway Foodbank supporting families in need; pray for the staff, volunteers and clients
<b>Community</b>	Pray for all in education: teachers, support staff and administrators, pupils and students; pray for Temple Mill School
<b>People of the parish</b>	Burnt House Close (FW), Povey Avenue (FW), Wainscott Walk (FW)
	<b>Tuesday, 22 March</b>
<b>Church's Ministry</b>	Pray for Pioneer Minister, Sue Vallente-Kerr and her family
<b>Community</b>	Pray for our Drop In Cafe– and 'Little Lights' – baby and toddler group; for those leading and helping and those who will be coming along.
<b>People of the parish</b>	Burton Close (FW), Powlett Road (FW), Watermill Close (FW)
	<b>Wednesday, 23 March</b>
<b>Church's Ministry</b>	Today is National Reflection Day, the second anniversary of the UK lockdown; pray for all who have been bereaved or who are severely ill.
<b>Community</b>	Pray for the elderly, isolated and vulnerable; pray for those who care for them that they would be strengthened and encouraged. Pray for staff and residents of Shawswood
<b>People of the parish</b>	Cagney Close (FW), Prospect Avenue (FW), Weaving Close (FW)
	<b>Thursday, 24 March</b>
<b>Church's Ministry</b>	Give thanks and pray for our church musicians and singers
<b>Community</b>	Pray for those in leadership - pray for wisdom and discernment for our world leaders
<b>People of the parish</b>	Castle Street (U), Provis Place (FW), West Street (FW)
	<b>Friday, 25 March</b>
<b>Church's Ministry</b>	Give thanks and pray for our parish hall team and for community groups meeting in the hall.
<b>Community</b>	Pray for community keyworkers; pray for paramedics and ambulance services
<b>People of the parish</b>	Chancel Drive (FW), Quixote Crescent (FW), Weymouth Road (FW)
	<b>Saturday, 26 March</b>
<b>Church's Ministry</b>	Pray for organisations and charities who form part of DEC working to provide food, water, shelter, healthcare and protection to Ukraine in an ever changing situation.
<b>Community</b>	Pray for all who are struggling in body, mind or spirit
<b>People of the parish</b>	Chaplin Close (FW), Randolph Cottages (FW) Whitewall Road (MCE)