



*Temptation in the wilderness, C12 mosaic, St Mark's Basilica, Venice*

Lent 1  
6 March 2022

## **The Gathering**

The Lord be with you.  
**and also with you.**

## **Prayer of Preparation**

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.**

## **Hymn**

Lead us, heavenly Father, lead us  
o'er the world's tempestuous sea;  
guard us, guide us, keep us, feed us,  
for we have no help but thee;  
yet possessing every blessing,  
if our God our Father be.

Saviour, breathe forgiveness o'er us:  
all our weakness thou dost know;  
thou didst tread this earth before us,  
thou didst feel its keenest woe;  
lone and dreary, faint and weary,  
through the desert thou didst go.

Spirit of our God, descending,  
fill our hearts with heavenly joy,  
love with every passion blending,  
pleasure that can never cloy:  
thus provided, pardoned, guided,  
nothing can our peace destroy.

Words: James Edmeston (1791-1867)

Tune: Mannheim, Friedrich Filitz, *Choralbuch*, (1847)

## **Prayers of Penitence**

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly, love mercy,  
and walk humbly with you, our God. Amen.**

May the God of all healing and forgiveness draw you to himself  
and cleanse you from all your sins, that you may behold the glory of his Son,  
the Word made flesh, Jesus Christ our Lord.  
**Amen.**

## **The Collect**

Almighty God,  
whose Son Jesus Christ fasted forty days in the wilderness,  
and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness,  
so may we know your power to save;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

## **The Old Testament Lesson**

Deuteronomy 26: 1-11

*At the end of the lesson the reader says*

This is the word of the Lord.

**Thanks be to God.**

## **The Gospel**

*When the Gospel (Luke 4: 1-13) is announced the reader says*

Hear the Gospel of our Lord Jesus Christ according to Luke.

**Glory to you, O Lord.**

*At the end*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## **Sermon**

*Nicholas Cooper*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is worshipped and glorified,  
Who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## The Intercessions

*These responses, or other suitable words, may be used*

Lord, in your mercy, or  
**hear our prayer.**

Lord, hear us  
**Lord, graciously hear us.**

*And at the end*

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

## The Peace

Since we are justified by faith,  
we have peace with God through our Lord Jesus Christ,  
who has given us access to his grace.

*Romans 5.1,2*

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

## Offertory Hymn

Take my life, and let it be  
consecrated, Lord, to thee  
take my moments and my days,  
let them flow in ceaseless praise.

Take my hands, and let them move  
at the impulse of thy love;  
take my feet, and let them be  
swift and beautiful for thee.

Take my voice, and let me sing  
always, only, for my King  
take my lips, and let them be  
filled with messages from thee.

Take my silver and my gold;  
not a mite would I withhold;  
take my intellect, and use  
every power as thou shalt choose.

Take my will, and make it thine:  
it shall be no longer mine;  
take my heart: it is thine own,  
it shall be thy royal throne.

Take my love; my Lord, I pour  
at thy feet its treasure-store;  
take myself, and I will be  
ever, only, all for thee.

Words: Frances Ridley Havergal (1836-79)  
Tune: Nottingham, Wenzel Muller (1747-1835)

### **Preparation of the Table**

*The gifts of the people are gathered and presented.  
The president takes the bread and wine.*

God of mercy and compassion,  
your Word calls us home to faith and love.  
Accept all we offer you this day;  
in the name of Jesus Christ the Lord.  
**Amen.**

## **The Eucharistic Prayer**

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is indeed right and good  
to give you thanks and praise,  
almighty God and everlasting Father,  
through Jesus Christ your Son.  
For in these forty days  
you lead us into the desert of repentance  
that through a pilgrimage of prayer and discipline  
we may grow in grace  
and learn to be your people once again.  
Through fasting, prayer and acts of service  
you bring us back to your generous heart.  
Through study of your holy word  
you open our eyes to your presence in the world  
and free our hands to welcome others  
into the radiant splendour of your love.  
As we prepare to celebrate the Easter feast  
with joyful hearts and minds  
we bless you for your mercy  
and join with saints and angels  
for ever praising you and saying:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**



Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke the bread and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing at his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of all the saints,  
may praise and glorify you for ever;  
through Jesus Christ our Lord;  
by whom and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever. **Amen.**

### **The Lord's Prayer**

Lord Jesus, remember us in your kingdom  
and teach us to pray.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours now and forever. Amen.**

### **The Breaking of the Bread**

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

## **Giving of Communion**

God's holy gifts  
for God's holy people.

**Jesus Christ is Holy,  
Jesus Christ is Lord,  
to the glory of God the Father.**

Draw near with faith.

Receive the body of our Lord Jesus Christ  
Which he gave for you, and his blood which he shed for you.  
Eat and drink in remembrance that he died for you,  
and feed on him in your hearts by faith with thanksgiving.

*The president and people receive communion.*

## **Prayer after Communion**

Lord God,  
you have renewed us with the living bread from heaven;  
by it you nourish our faith,  
increase our hope,  
and strengthen our love:  
teach us always to hunger for him who is the true and living bread,  
and enable us to live by every word  
that proceeds from out of your mouth;  
through Jesus Christ our Lord.

**Amen.**

## **Hymn**

Safe in the hands of God who made me,  
what can there be that I should fear?  
God is my light and my salvation,  
strong is his help when foes are near.

This I have prayed and will seek after,  
that I may walk with God each day;  
then will he give me his protection,  
no trouble shall my heart dismay.

God of my life, my Lord, my master,  
father and mother now to me:  
come, shield me from the threat of evil,  
open your hands and set me free!

Teach me your way and lead me onwards,  
save me from those who do me wrong;  
give me the grace to wait with patience,  
help me to trust, hold firm, be strong.

Words: Michael Perry (1942-96)  
Tune: Bunillidh, Donald Mc Donald (b. 1944)

## **The Blessing**

Christ give you grace to grow in holiness,  
to deny yourselves, take up your cross, and follow him;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

Go in peace to love and serve the Lord.  
**In the name of Christ. Amen.**

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