

### UKRAINE

I am sure we are all holding the people of Ukraine in our prayers at this present time.

The Archbishop of Canterbury Justin Welby and Archbishop of York Stephen Cottrell have condemned the Russian attack on Ukraine as “an act of great evil”. The way in which the war is being conducted is a cause for great concern. There are a number of charities through which you can donate for humanitarian support, including *unicef*, *DE*, *The British Red Cross* etc.

Almighty God,  
from whom all thoughts of truth and peace proceed:  
kindle, we pray, in the hearts of all, the true love of peace  
and guide with your pure and peaceable wisdom  
those who take counsel for the nations of the earth  
that in tranquillity your kingdom may go forward,  
till the earth is filled with the knowledge of your love;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

Yours, *Nicholas*

### MEETING POINT and LITTLE LIGHTS

It is the start of recommencing some of our church life. Judy Carr is beginning to build a team to restart a café on Tuesday and during March we will focus this on inviting our church family. It will give the new team an opportunity to run things with smaller numbers before re-opening it more widely. If you are interested in helping please let Judy know.



All Saints Baby and Toddlers will recommence as ‘Little Lights’ on Tuesday afternoons from 1.00pm.

### STEWARDSHIP CAMPAIGN

During Lent we traditionally reflect on our discipleship. Part of that is the stewardship of our time, talents and finance. This week we start our Stewardship Campaign and for those on the Electoral Roll and regular church members there will be a named envelope of information for you.

During this time, we are asking you to consider whether you could give some more time of your time, talents and/or money to help us re-build our church life. We have not held a stewardship campaign since the autumn of 2018, and we have spent a good deal of our reserves in the time since then. It is important we replenish some of these as well as getting back to keeping our income in line with our spending.

As far as finance is concerned, we realise an increase in giving is impossible for some people, faced with rising prices, and we do not ask you to increase your giving if that is not practical. However, some people are in a position to give more, and if you are one of these, please consider an increase that recognises it may be three years since you last changed what you give.

## ECO CHURCH

As a church we would like to be better stewards of our planet and so we have committed to being part of the Eco Church network and work to become more 'eco-friendly'.

We can also all do our bit individually to help reduce climate change and so we are going to be including 'Green Tips' in our weekly newsletter and on a notice board in All Saints. We might not all be able to do everything, but each little thing we do is a step in the right direction.

This week's Green Tip is:

## Green Tips



**BUY LOCAL** – there are lots of farm shops that sell locally produced fruit, veg and meat, such as Mockbeggar Farm, Austen's of Rochester and Rochester Farmer's Market. Buying locally produced goods means less pollution from transportation. Do you know of any others? Share recommendations with other members of the church.

## DONATIONS TO THE MINISTRY AND MISSION OF THIS PARISH

Our financial year is coming to a close. It is a year in which we have had to invest a significant sum in the care of our buildings. Unfortunately, our regular giving has dropped and plate offerings at all services have been significantly reduced by not passing the plate around as part of our COVID protection measures.

Donations can be made at our services by cash or cheque in the collection plate, a stewardship envelope or standing order for regular giving please speak to Nicholas, the Churchwardens, Sue Jones or Alison Mings.



We are now also offering this QR code in our printed materials. Scanning the code with the camera on your smart phone will take you to the Give a Little page for our parish. You can choose how much, whether to Gift Aid, and request a receipt.

## SAFEGUARDING – VOLUNTEER ROLE AGREEMENTS

The Church of England Safeguarding Requirements expect all members who have already have a voluntary role in church to complete a Volunteer Agreement. These will start to be sent out to you by email or post. If you need a printed copy, please contact Sue Jones on 01634 296050. Please sign and return within the next week if possible. You will require two referees, and these will be provided by the Church Wardens.

## FISH AND CHIP SUPPER WITH STRINGS AND THINGS

Our Fish and Chip Supper with music from Strings and Things has been rescheduled for Friday 11 March, 6.30pm in the Parish Hall.

Please bring your own drinks; tickets available from Alan Ellis and please let Alan know your order for supper.

## VIRTUAL DROP-IN CAFÉ – 'ZOOMOFFEE'

This continues to 'meet' on Wednesdays at 10.30am via the Zoom application. Message Sue for more details.



## **PRAYER CHAIN**

Carole Morrad has asked me to remind you that the Prayer Chain are always willing to take prayer requests. If the prayer is not for you then we do ask that you have the permission of the person you are asking us to pray for.

## **DEMENTIA RESOURCES**

At this time, those who live with dementia are understandably disoriented and upset. It has been a difficult and concerning time for their families too. Carole and Annie, our Anna Friends, have gathered some resources which are now available on the website. In particular there are a number of online training and awareness courses available at no cost.

## **SAFEGUARDING RESOURCES**

RELEASE THE PRESSURE - new helpline from Kent County Council

Mental well-being remains a huge concern at this time.

A new phone line is available through Kent County Council, offering 24/7 access to a highly trained and experienced team, to provide expert support no matter what a person is going through. People are encouraged not to suffer in silence and to text the word Kent to 85258 or call the number 0800 107 0160, for free confidential support.

## **SAFE HAVENS**

Mental Health Matters can help any resident of Kent or Medway aged 16+ by offering a warm, welcoming, safe and comfortable environment. Contact: 07850 901151 or 07808 79503

## **CONTACT US**

Vicar: The Reverend Nicholas Cooper      01634 717580    [vicar@allsaintsfrindsbury.org.uk](mailto:vicar@allsaintsfrindsbury.org.uk)

Pioneer Minister: The Reverend Sue Vallente-Kerr

07940 161044    [pioneer@allsaintsfrindsbury.org.uk](mailto:pioneer@allsaintsfrindsbury.org.uk)

Administrator: Sue Jones      01634 296050    [pa@allsaintsfrindsbury.org.uk](mailto:pa@allsaintsfrindsbury.org.uk)

Parish Safeguarding Officer: Vicki Webster    01634 515580    [webstervictoria95@gmail.com](mailto:webstervictoria95@gmail.com)

Parish Hall Team      07526 094 017    [roomhire@allsaintsfrindsbury.org.uk](mailto:roomhire@allsaintsfrindsbury.org.uk)

## Prayer Diary 6-12 March 2022

“...in everything by prayer and supplication with thanksgiving let your requests be made known to God.” *(Philippians 4:6)*

### **Prayers from the Church of England to use in our prayers for the peace of the world**

We pray for the leaders of the nations,  
that you will guide them in the ways of freedom, justice and truth.  
Lord, in your mercy  
**hear our prayer.**

We pray for those who bear arms on behalf of the nation,  
that they may have discipline and discernment,  
courage and compassion.  
Lord, in your mercy  
**hear our prayer.**

We pray for our enemies, and those who wish us harm,  
that you will turn the hearts of all to kindness and friendship.  
Lord, in your mercy  
**hear our prayer.**

We pray for the wounded and the captive,  
the grieving and the homeless,  
that in all their trials they may know your love and support.  
Lord, in your mercy  
**hear our prayer.**

Most holy God and Father,  
hear our prayers for all who strive for peace  
and all who fight for justice.  
Help us, who today remember the cost of war,  
to work for a better tomorrow;  
and, as we commend to you lives lost in terror and conflict,  
bring us all, in the end, to the peace of your presence;  
through Christ our Lord.  
**Amen.**

<b>Church's Ministry</b>	<i>Praying for the people, groups and mission and outreach of the churches in our parish, diocese and worldwide Anglican communion</i>
<b>Community</b>	<i>Praying for our community, our parish and Medway</i>
<b>People of the Parish</b>	<i>Praying for those who live in Frindsbury and Wainscott, (FW), Upnor (U), Chattenden (C) and those who work on Medway City Estate (MCE)</i>

<b>Lent 1</b>	<b>Sunday, 6 March</b>
<b>Church's Ministry</b>	<i>Heavenly Father, your Son battled with the powers of darkness, and grew closer to you in the desert: help us to use these days to grow in wisdom and prayer that we may witness to your saving love in Jesus Christ our Lord.</i>
<b>Community</b>	Give thanks for family life and those we hold dear in our hearts, praying for their health, well-being and hope.
<b>People of the parish</b>	Ashenden Close (FW), Stonehorse Court (FW)
	<b>Monday, 7 March</b>
<b>Church's Ministry</b>	Pray for the diocese in Europe churches, chaplaincy in Kyiv and churches across Ukraine
<b>Community</b>	Pray for all in education: teachers, support staff and administrators, pupils and students; pray for Chattenden School
<b>People of the parish</b>	Banks Road (FW), Murray Road (FW), Stonehorse Lane (FW)
	<b>Tuesday, 8 March</b>
<b>Church's Ministry</b>	Pray for Meeting Point Cafe– and 'Little Lights' – baby and toddler group
<b>Community</b>	Today is International Women's Day celebrating women's achievements, raising awareness against bias, taking action for equality and supporting vulnerable women and girls.
<b>People of the parish</b>	Barnets Yard (FW), Neptune Close (MCE) Swinton Avenue (C)
	<b>Wednesday, 9 March</b>
<b>Church's Ministry</b>	Pray for our stewardship of creation. Give thanks for our Eco Church group and pray as they prioritise plans
<b>Community</b>	Pray for the elderly, isolated and vulnerable; pray for those who care for them that they would be strengthened and encouraged. Pray for staff and residents of Frindsbury House
<b>People of the parish</b>	Basi Close (FW), Newenden Road (FW), Sword Grove (FW)
	<b>Thursday, 10 March</b>
<b>Church's Ministry</b>	Pray for Bishop Simon and staff at Bishopscourt
<b>Community</b>	Pray for those in leadership - pray for wisdom and discernment for our world leaders
<b>People of the parish</b>	Beacon Hill Lane (C), Niven Close (FW), Templers Drive (FW)
	<b>Friday, 11 March</b>
<b>Church's Ministry</b>	Pray for the work of Medway Foodbank, its staff, volunteers and clients
<b>Community</b>	Pray for all NHS and community keyworkers; pray for the ambulance service and paramedics
<b>People of the parish</b>	Benenden Road (FW), Old George Court (C), Terance Butler Ave(MCE)
	<b>Saturday, 12 March</b>
<b>Church's Ministry</b>	Pray for our mission and outreach
<b>Community</b>	Pray for all who are struggling in body, mind or spirit
<b>People of the parish</b>	Berwick Way (MCE), Old School Court (C), Thirlmere Close (FW)