

SHROVE TUESDAY & TODDLERS

Please mark the morning of Tuesday 1 March, from 10.30am, in your diary for Shrove Tuesday pancakes in the Parish Hall and dust off your running shoes for a pancake race for those who feel fit sporty!

Even if you don't want to race this will be an opportunity for us to gather as a church family for some extended fellowship over drinks and refreshments.

It is the start of recommencing some of our church life. Judy Carr is beginning to build a team to restart a café and during March we will focus this on inviting our church family. It will give the new team an opportunity to run things with smaller numbers. All Saints Toddlers will recommence in a new format in the afternoon.

Yours, *Nicholas*

STEWARDSHIP CAMPAIGN

During Lent we traditionally reflect on our discipleship. Part of that is the stewardship of our time, talents and finance.

In order to be able to face the challenges ahead we are running a short stewardship campaign during the first three weeks of Lent. During this time, we are asking you to consider whether you could give some more time of your time, talents and/or money to help us re-build our church life. We have not held a stewardship campaign since the autumn of 2018, and we have spent a good deal of our reserves in the time since then. It is important we replenish some of these as well as getting back to keeping our income in line with our spending.

As far as finance is concerned, we realise an increase in giving is impossible for some people, faced with rising prices, and we do not ask you to increase your giving if that is not practical. However, some people are in a position to give more, and if you are one of these, please consider an increase that recognises it may be three years since you last changed what you give.



Ash Wednesday

Worship for Ash Wednesday is on Wednesday, 2 March 7.30pm at All Saints – a joint service with St Nicholas, Strood. Preacher: The Reverend David Green.

DONATIONS TO THE MINISTRY AND MISSION OF THIS PARISH

Our financial year is coming to a close. It is a year in which we have had to invest a significant sum in the care of our buildings. Unfortunately, our regular giving has dropped and plate offerings at all services have been significantly reduced by not passing the plate around as part of our COVID protection measures. Traditionally, our stewardship campaign is in the autumn but this year will be during March.

Donations can be made at our services by cash or cheque in the collection plate, a stewardship envelope or standing order for regular giving please speak to Nicholas, the Churchwardens, Sue Jones or Alison Mings.



We are now also offering this QR code in our printed materials. Scanning the code with the camera on your smart phone will take you to the Give a Little page for our parish. You can choose how much, whether to Gift Aid, and request a receipt.

SAFEGUARDING – VOLUNTEER ROLE AGREEMENTS

The Church of England Safeguarding Requirements expect all members who have already have a voluntary role in church to complete a Volunteer Agreement. These will start to be sent out to you by email or post. If you need a printed copy, please contact Sue Jones on 01634 296050. Please sign and return within the next week if possible. You will require two referees, and these will be provided by the Church Wardens.

FISH AND CHIP SUPPER WITH STRINGS AND THINGS

Our Fish and Chip Supper with music from Strings and Things has been rescheduled for Friday 11 March, 6.30pm in the Parish Hall.

Please bring your own drinks; tickets available from Alan Ellis and please let Alan know your order for supper.

WITH THANKS....

to all who donated to the Children's Society for Christingle. We have sent a donation of £99.48.

PARISH WALK SATURDAY 19 FEBRUARY 11.00am - MEET AT CHURCH GREEN

There are two very good reasons for coming on this month's walk: the refreshments are back, and, by popular demand, the route will be mud-free!

After our adventurous trip into the rural wilds last month, this walk takes us to the well-ordered lanes and gardens of Rochester. Our shorter walk of two miles goes to the Esplanade Gardens, while the slightly longer walk of three miles will climb Churchfields and return through Love Lane. Both walks will return for hot and cold drinks and tasty treats together in All Saints church.

This is an urban walk, generally on roads with pavements. However, Rochester Bridge is busy and every care should be taken crossing roads.

This walk is suitable for buggies. Dogs on leads welcome; children under 14 must be accompanied. All welcome. Please share, and feel free to invite family, friends and neighbours.

To avoid the need for signing in please e mail judith.armitt@btinternet.com to reserve a place*.

** Please note all participants walk at their own risk. We may take photos of the adults to share on social media and promote our activities, unless you let us know you do not wish your photo to be taken. High-vis straps will be available for wear (but are not compulsory).*

VIRTUAL DROP-IN CAFÉ – ‘ZOOMOFFEE’

This continues to ‘meet’ on Wednesdays at 10.30am via the Zoom application. Message Sue for more details.



PARISH QUIZ

Our weekly parish quiz, hosted by David and Alison Mings via Zoom, has started again for 2022 on Wednesday evenings at 7.30pm. If you would like to take part contact Sue or Alison for details.

PRAYER CHAIN

Carole Morrad has asked me to remind you that the Prayer Chain are always willing to take prayer requests. If the prayer is not for you then we do ask that you have the permission of the person you are asking us to pray for.

DEMENTIA RESOURCES

At this time, those who live with dementia are understandably disoriented and upset. It has been a difficult and concerning time for their families too. Carole and Annie, our Anna Friends, have gathered some resources which are now available on the website. In particular there are a number of online training and awareness courses available at no cost.

SAFEGUARDING RESOURCES

RELEASE THE PRESSURE - new helpline from Kent County Council

Mental well-being remains a huge concern at this time.

A new phone line is available through Kent County Council, offering 24/7 access to a highly trained and experienced team, to provide expert support no matter what a person is going through.

People are encouraged not to suffer in silence and to text the word Kent to 85258 or call the number 0800 107 0160, for free confidential support.

SAFE HAVENS

Mental Health Matters can help any resident of Kent or Medway aged 16+ by offering a warm, welcoming, safe and comfortable environment. Contact: 07850 901151 or 07808 79503

CONTACT US

Vicar: The Reverend Nicholas Cooper 01634 717580 vicar@allsaintsfrindsbury.org.uk

Pioneer Minister: The Reverend Sue Vallente-Kerr

07940 161044 pioneer@allsaintsfrindsbury.org.uk

Administrator: Sue Jones 01634 296050 pa@allsaintsfrindsbury.org.uk

Parish Safeguarding Officer: Vicki Webster 01634 515580 webstervictoria95@gmail.com

Parish Hall Team 07526 094 017 roomhire@allsaintsfrindsbury.org.uk

Prayer Diary 20-26 February 2022

“...in everything by prayer and supplication with thanksgiving let your requests be made known to God.”
(Philippians 4:6)

Church's Ministry	<i>Praying for the people, groups and mission and outreach of the churches in our parish, diocese and worldwide Anglican communion</i>
Community	<i>Praying for our community, our parish and Medway</i>
People of the Parish	<i>Praying for those who live in Frindsbury and Wainscott, (FW), Upnor (U), Chattenden (C) and those who work on Medway City Estate (MCE)</i>

2 before Lent	Sunday, 20 February
Church's Ministry	Almighty God, you have created the heavens and the earth and made us in your own image: teach us to discern your hand in all your works and your likeness in all your children; through Jesus Christ your Son our Lord, who with you and the Holy Spirit reigns supreme over all things, now and for ever. Pray for all struggling with the storms of life
Community	Give thanks for family life and those we hold dear in our hearts, praying for their health, well-being and hope.
People of the parish	Frindsbury Road (FW), Kitchener Road (C)
	Monday, 21 February
Church's Ministry	Pray for Tearfund - pray for projects supporting people in Yemen and Afghanistan
Community	Pray for all in education: teachers, support staff and administrators, pupils and students; pray for Abbey Court School
People of the parish	Frittenden Road (FW), Larkin Close (FW)
	Tuesday, 22 February
Church's Ministry	The theme for Guiding World Thinking Day today is Our World, Our Equal Future. Give thanks for the Guiding Association and pray for our guiding groups in Frindsbury and Wainscott
Community	Pray for the elderly, isolated and vulnerable; pray for those who care for them that they would be strengthened and encouraged. Pray for staff and residents of Ampersand House
People of the parish	Galleon Way (U), Leigh Road (FW)
	Wednesday, 23 February
Church's Ministry	Pray for Strood Deanery Synod meeting this evening
Community	Pray for the economic well-being of our country – pray for businesses in travel and tourism
People of the parish	Gambit Way (FW), Lingley Drive (FW)
	Thursday, 24 February
Church's Ministry	Pray for our Churchwardens
Community	Pray for those in leadership - pray for wisdom and discernment for our world leaders
People of the parish	Gardenia Close (FW), Lochat Road (C)
	Friday, 25 February
Church's Ministry	Pray for our pastoral team, supporting the elderly, housebound and isolated
Community	Pray for all NHS and community keyworkers; pray for staff and patients at Medway Hospital
People of the parish	George Summers Close (MCE), Lodge Hill Lane (C)
	Saturday, 26 February
Church's Ministry	Pray for our mission and outreach to young families through Up4It and Toddlers
Community	Pray for all who are struggling in body, mind or spirit
People of the parish	Lower Rochester Road, Main Road (C)