### Notices for the week beginning Sunday 12 December 2021



### **FROM NICHOLAS**

The congregation at All Saints expressed a strong desire to receive Holy Communion in both kinds as Upnor has recently started doing. Sharing the common cup as previously does not, at present, seem wise so administration will be by intinction by the priest. A 'dipped' wafer will be placed in the hands of the communicant as at present and people will be invited forward, socially distanced' and with a mask, to receive.

- Those who are gluten-free will be administered first to avoid transferring gluten to the wine.
- Those who have mobility difficulties will be given communion in situ as at present.
- Those who wish to continue to only receive in one kind will continue to able to do so.
- Those who only wish to receive blessing will continue to able to do so.

It will probably feel a bit strange and if it doesn't work as well as the CWs and I hope, we will review it.

### **CHRISTMAS SERVICES**

This year places will be limited at the services below and we shall be taking bookings on a first come first served basis. To book, from Tuesday 29 November, please email to pa@allsaintsfrindsbury.org.uk or phone 01634 296050 and leave a message detailing the number of people you are coming with. In the seating plan we will assume you are happy to sit together in that group.

Please note that these are subject to change based upon any local changes in COVID risk or national advice.

### **All Saints, Frindsbury**

Sunday, 12 December 10.00am All Age Worship with Christingle Sunday, 19 December 6.30pm Carol Service Christmas Eve 4.00pm Crib Service Christmas Eve 11.15pm Midnight Communion Christmas Day 10.00am Christmas Day Communion

# At the heart of Christmas

## St Philip & St James, Upnor

Sunday, 12 December 6.30pm Carol Service Christmas Eve 12noon Crib Service Sunday, 26 December 8.30am Parish Communion

# Parish Walk Passing the Best Green Spaces in Wainscott Meet 11am Saturday 18 December 2021

Church Green (towards All Saints Church), Frindsbury ME2 4HJ

We all need a break from those frantic preparations, and we have just the thing, with our walk through the green spaces of Wainscott. There are more of these than you'd think. The longer walk of just over three miles is gently undulating. We will use footpaths and quiet residential roads visiting five green spaces, including an optional stop at the outdoor gym. We will return via the woodland near the old quarry (which might be a little muddy).

There is a shorter option along the same route but returning sooner. Dogs on leads welcome; children under 14 must be accompanied. All welcome. Please share, and feel free to invite family, friends and neighbours. To avoid the need for signing in please e mail parish office to reserve a place\*.

\* Please note all participants walk at their own risk. We may take photos of the adults to share on social media and promote our activities, unless you let us know you do not wish your photo to be taken. High-vis straps will be available for wear (but are not compulsory).

### DONATIONS TO THE MINISTRY AND MISSION OF THIS PARISH

Our financial year is coming to a close. It is a year in which we have had to invest a significant sum in the care of our buildings. Unfortunately, our regular giving has dropped and plate offerings at all services have been significantly reduced by not passing the plate around as part of our COVID protection measures. Traditionally, our stewardship campaign is in the autumn but we will probably bring it forward to the early part of 2022.

Donations can be made at our services by cash or cheque in the collection plate, a stewardship envelope or standing order for regular giving please speak to Nicholas, the Churchwardens, Sue Jones or Alison Mings.



We are now also offering this QR code in our printed materials. Scanning the code with the camera on your smart phone will take you to the Give a Little page for our parish. You can choose how much, whether to Gift Aid, and request a receipt.

### OPPORTUNITIES FOR GENEROSITY

Paul's words are recorded in Acts 20:35: In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus himself said: 'It is more blessed to give than to receive.' "

As we approach Advent and Christmas there are numerous opportunities to give.

- Medway Food Bank have a 'reverse Advent Calendar'
- Sue Vallente-Kerr is co-ordinating hampers with St Nicholas for local school families, supported by St Gabriel's, Kings Hill.
- Children's Society boxes will be distributed for Christingle
- Alan Ellis is collecting toys for the Salvation Army. We felt it would be appropriate to bring those this Sunday, December 5, the eve of the feast of St Nicholas.
- Coat donation for the homeless (See Alan Ellis)

### **SAFEGUARDING – VOLUNTEER ROLE AGREEMENTS**

The Church of England Safeguarding Requirements expect all members who have already have a voluntary role in church to complete a Volunteer Agreement. These will start to be sent out to you in the following week by email or post. If you need a printed copy, please contact Sue Jones on 01634 296050. Please sign and return within the next week if possible. You will require two referees and these will be provided by the Church Wardens.

### PARISH HALL AND CHURCH CLEANER

After many years our Church and Parish Hall Cleaner, Shelley Downie, has resigned in order to take up a new full time job. We wish her well in her new venture. We are seeking a replacement and a job description is being prepared. We have been blessed by Shelley's reliability and trustworthiness and we would like to find a replacement with these important qualities. This is a paid role and if you are aware of any possible candidates please do encourage them to find out more.

### **WORLD DAY OF PRAYER**

The Strood World Day of Prayer Team would like a representative from All Saints/St Philip & St James to help organise the yearly service which takes place on the first Friday in March? Please speak to Nicholas or Sue if you are interested or would like to find out more.

### **ACCESSIBILTY GROUP**

For those who are interested in being part of this group, or would like to find out more, there will be a meeting in All Saints – this will now be in the new year.

### VIRTUAL DROP-IN CAFÉ - 'ZOOMOFFEE'

This continues to 'meet' on Wednesdays at 10.30am via the Zoom application. Message Sue for more details.



### **PRAYER CHAIN**

Carole Morrad has asked me to remind you that the Prayer Chain are always willing to take prayer requests. If the prayer is not for you then we do ask that you have the permission of the person you are asking us to pray for.

### **DEMENTIA RESOURCES**

At this time, those who live with dementia are understandably disoriented and upset. It has been a difficult and concerning time for their families too. Carole and Annie, our Anna Friends, have gathered some resources which are now available on the website. In particular there are a number of online training and awareness courses available at no cost.

### **SAFEGUARDING RESOURCES**

RELEASE THE PRESSURE - new helpline from Kent County Council

Mental well-being remains a huge concern at this time.

A new phone line is available through Kent County Council, offering 24/7 access to a highly trained and experienced team, to provide expert support no matter what a person is going through.

People are encouraged not to suffer in silence and to text the word Kent to 85258 or call the number 0800 107 0160, for free confidential support.

### **SAFE HAVENS**

Mental Health Matters can help any resident of Kent or Medway aged 16+ by offering a warm, welcoming, safe and comfortable environment. Contact: 07850 901151 or 07808 79503

### **CONTACT US**

Vicar: The Reverend Nicholas Cooper	01634 717580	vicar@allsaintsfrindsbury.org.uk
Pioneer Minister: The Reverend Sue Vallente-Kerr	07940 161044	pioneer@allsaintsfrindsbury.org.uk
Administrator: Sue Jones	01634 296050	pa@allsaintsfrindsbury.org.uk
Parish Safeguarding Officer: Vicki Webster	01634 515580	webstervictoria95@gmail.com

**Prayer Diary 12-18 December 2021**"...in everything by prayer and supplication with thanksgiving let your requests be made known to God." (Philippians 4:6)

Church's Ministry	Praying for the people, groups and mission and outreach of the churches in our parish, diocese and worldwide Anglican communion
Community	Praying for our community, our parish and Medway
People of the Parish	Praying for those who live in Frindsbury and Wainscott, (FW), Upnor (U), Chattenden (C) and those who work on Medway City Estate (MCE)

	Sunday, 12 December
Church's Ministry	God for whom we watch and wait,
Third Sunday of Advent	you sent John the Baptist to prepare the way of your Son:
Christingle	give us courage to speak the truth,
	to hunger for justice,
	and to suffer for the cause of right,
	with Jesus Christ our Lord.
Community	Give thanks for family life and those we hold dear in our hearts, praying
	for their health, well-being and hope.
People of the parish	Elm Avenue (West) (C), Hollywood Lane (FW)
	Monday, 13 December
Church's Ministry	Pray for the work of Tearfund, our supported charity, working on projects
	among the world's poorest communities
Community	Pray for all in education: teachers, support staff and administrators, pupils
	and students; pray for the staff and pupils of Wainscott School
People of the parish	Elmwood Road (C), Hoo Common (C)
	Tuesday, 14 December
Church's Ministry	Pray for our Staff Team
Community	Pray for the elderly, isolated and vulnerable; pray for those who care
	for them that they would be strengthened and encouraged. Pray for
	staff and residents of Frindsbury Hall
People of the parish	Enterprise Close (MCE), Hoo Road (FW)
	Wednesday, 15 December
Church's Ministry	Give thanks for our church musicians and singers
Community	Pray for the economic well-being of our country – pray for all in travel and
	tourism industries amid changing Covid developments and guidance
People of the parish	Evelyn Close (FW), Iden Road (FW)
	Thursday, 16 December
Church's Ministry	Pray for the chapter and staff of Rochester Cathedral
Community	Pray for wisdom and discernment for all in roles of leadership and authority
People of the parish	Everest Lane (FW), Islingham Farm Road (C)
	Friday, 17 December
Church's Ministry	Pray for prison chaplains and their teams
Community	Pray for all NHS and community keyworkers that they may be upheld
-	and strengthened and protected in their work.
People of the parish	Fordwich Road (FW), Jarrett Avenue (FW
	Saturday, 18 December
Church's Ministry	Pray for our parish walk for safety, fellowship and good conversation
Community	Pray for all who are struggling in body, mind or spirit
People of the parish	Four Elms Hill (C), Juno Way (FW)
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