

THE ARK



Welcome to The Ark's Sunday Sheet

Our Action Prayer

Can you remember the actions to this Prayer which we always use to start our sessions?

From the top of my head
To the tips of my toes
From the lobes of my ears
To the end of my nose
From my back to my front
To my wiggly fingers

God loves me!

How are you all?

Hope you are all staying safe and well? These are strange times we are living in - none of us have really experienced anything like it before so we are all in this together. If you are worried about anything don't forget to talk about it with your parents or someone you can trust - the old saying is "a problem shared is a problem halved" which just means some of the weight of worry can be lifted by just talking about it.

God gives us many words of encouragement in the Bible - here is one favourite:

Isaiah 43 verse 1: "Do not be afraid - I will save you; I have called you by your name - you are Mine"

Today is Easter Sunday!

Hallelujah! Jesus Christ is risen today! After the celebration of Palm Sunday last week, this has been a dark week when we thought about the events leading up to Jesus' death on the cross. But today we celebrate that Jesus defeated death and rose up again from the tomb.

I hope you'll be having lots of chocolate eggs and lovely things to eat today. Have you had an Easter Egg hunt? Why do we have Easter eggs on Easter Day - do you know? Well the egg symbolises new life - a little chick can be born from an egg (but not all eggs will produce chicks!). And Jesus rose to a new life on Easter Day from a cold dark tomb. In your children's bibles read the wonderful story of that first Easter day - John chapter 20 verses 1-18.

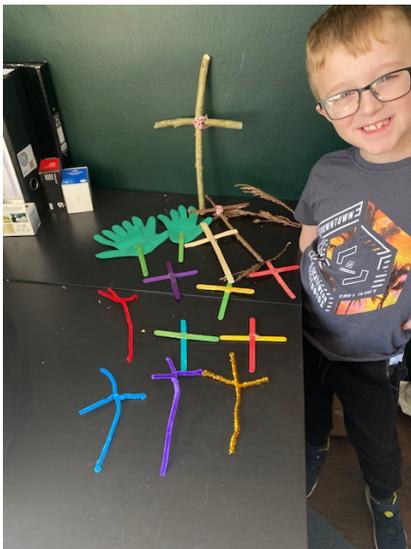
What a shock that must have been for Mary - to get to the tomb where Jesus was laid and to find the body had gone! She thought someone had taken His body away and in her grief and confusion mistook Jesus for the gardener (after all she wasn't expecting to see him alive!).

And I guess it was rather strange for the other disciples when Mary got back to them and told them she had seen Jesus. Did they believe her? It was so incredible that it was hardly surprising they didn't believe her. Well, they went to check to see if she had been mistaken and saw the empty tomb and met Jesus for themselves.

Hallelujah everyone!! Happy Easter!!

Last week's session

Last week it was Palm Sunday and we looked at the story of Jesus riding on a donkey into Jerusalem, with the people cheering and shouting. Here's a couple of pictures from Noah of what he made last Sunday:



and a great Lego model of the whole scene....



Thanks Noah! Great work!!

This week how about a model of the empty tomb in the garden with Mary meeting Jesus?

Our Easter Cross

Every Easter Day at All Saints we take flowers to church to decorate the Easter cross. Here's a picture of the decorated cross in All Saints on a previous Easter Day:



And so our craft activity this week is....

Decorating our Easter cross at home. Did you make a cross last week using twigs from the garden or sticks or something else? if not why not have a go today and decorate it. You could pick some wildflowers from your garden (daisy, clover, dandelions, wild violets) and tie them to your cross. Alternatively you could make some paper flowers to stick on your cross today or to decorate your Easter Tree if you have made one of those. Here's a picture of my cross decorated with wild flowers:



Peace and health be with you all this Easter!